





























## Glen Cove, Hempstead Harbor, NY - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:24	7.6	3:53	6.8	9:51	0.2	10:06	0.5	6:28	5:45	
2	Sun	4:19	7.5	4:52	6.7	10:52	0.3	11:07	0.6	6:26	5:46	
3	Mon	5:19	7.5	5:57	6.7			12:00	0.3	6:24	5:48	
4	Tue	6:26	7.5	7:11	6.9	12:16	0.5	1:16	0.0	6:23	5:49	
5	Wed	7:39	7.8	8:23	7.4	1:32	0.2	2:25	-0.4	6:21	5:50	
6	Thu	8:47	8.2	9:23	8.0	2:43	-0.3	3:23	-0.8	6:20	5:51	
7	Fri	9:45	8.5	10:15	8.5	3:43	-0.8	4:14	-1.2	6:18	5:52	
8	Sat	10:37	8.8	11:03	9.0	4:36	-1.3	5:02	-1.5	6:17	5:53	
9	Sun	11:27	8.9	11:51	9.2	5:27	-1.6	5:48	-1.6	6:15	5:54	
10	Mon			12:16	8.9	6:16	-1.7	6:34	-1.6	6:13	5:55	
11	Tue	12:38	9.2	1:04	8.7	7:04	-1.7	7:20	-1.4	6:12	5:56	
12	Wed	1:25	9.1	1:53	8.3	7:54	-1.4	8:09	-1.0	6:10	5:58	
13	Thu	2:14	8.7	2:45	7.8	8:48	-1.0	9:02	-0.4	6:08	5:59	
14	Fri	3:08	8.2	3:45	7.3	9:48	-0.5	10:06	0.1	6:07	6:00	
15	Sat	4:09	7.7	4:54	6.9	10:55	-0.1	11:17	0.4	6:05	6:01	
16	Sun	5:21	7.3	6:07	6.7			12:03	0.2	6:03	6:02	
17	Mon	6:33	7.1	7:15	6.6	12:27	0.6	1:07	0.3	6:02	6:03	
18	Tue	7:39	7.0	8:14	6.8	1:31	0.7	2:05	0.3	6:00	6:04	
19	Wed	8:35	7.1	9:05	7.0	2:28	0.5	2:57	0.2	5:59	6:05	
20	Thu	9:24	7.2	9:49	7.1	3:19	0.4	3:44	0.1	5:57	6:06	
21	Fri	10:06	7.3	10:27	7.3	4:04	0.2	4:25	0.0	5:55	6:07	
22	Sat	10:43	7.4	10:58	7.4	4:44	0.1	5:02	0.0	5:54	6:08	
23	Sun	11:11	7.4	11:19	7.6	5:19	0.0	5:30	0.1	5:52	6:09	
24	Mon	11:32	7.4	11:38	7.7	5:46	-0.1	5:49	0.1	5:50	6:10	
25	Tue	11:55	7.5			6:07	-0.1	6:09	0.1	5:49	6:12	
26	Wed	12:06	7.9	12:27	7.5	6:32	-0.2	6:39	0.1	5:47	6:13	
27	Thu	12:41	8.1	1:05	7.5	7:05	-0.3	7:15	0.1	5:45	6:14	
28	Fri	1:22	8.1	1:48	7.5	7:45	-0.3	7:57	0.2	5:44	6:15	
29	Sat	2:07	8.1	2:36	7.3	8:31	-0.1	8:46	0.3	5:42	6:16	
30	Sun	2:57	8.0	3:29	7.2	9:24	0.0	9:42	0.5	5:40	6:17	
31	Mon	3:53	7.8	4:29	7.1	10:25	0.2	10:47	0.6	5:39	6:18	