US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:49	7.4	8:24	6.6	1:38	0.3	2:18	-0.1	7:19	4:37	
2	Sun	8:40	7.5	9:14	6.6	2:32	0.4	3:09	-0.2	7:19	4:37	
3	Mon	9:25	7.5	9:59	6.7	3:20	0.4	3:55	-0.3	7:19	4:38	
4	Tue	10:05	7.5	10:40	6.7	4:05	0.5	4:38	-0.3	7:19	4:39	
5	Wed	10:39	7.4	11:14	6.7	4:44	0.5	5:16	-0.3	7:19	4:40	
6	Thu	11:05	7.4	11:41	6.7	5:17	0.5	5:49	-0.3	7:19	4:41	
7	Fri	11:29	7.5			5:43	0.5	6:15	-0.3	7:19	4:42	
8	Sat	12:03	6.8	11:59 AM	7.5	6:07	0.5	6:37	-0.3	7:18	4:43	
9	Sun	12:31	7.0	12:35	7.5	6:38	0.4	7:05	-0.3	7:18	4:44	
10	Mon	1:06	7.1	1:16	7.5	7:16	0.3	7:40	-0.3	7:18	4:45	
11	Tue	1:46	7.3	2:01	7.4	7:59	0.2	8:22	-0.2	7:18	4:46	
12	Wed	2:31	7.4	2:50	7.2	8:47	0.2	9:08	-0.1	7:18	4:47	
13	Thu	3:20	7.5	3:43	7.0	9:42	0.2	10:00	0.0	7:17	4:48	
14	Fri	4:14	7.6	4:41	6.8	10:44	0.1	10:58	0.1	7:17	4:49	
15	Sat	5:11	7.7	5:44	6.7	11:50	0.0			7:17	4:50	
16	Sun	6:14	7.9	6:54	6.8	12:00	0.1	1:02	-0.3	7:16	4:51	
17	Mon	7:20	8.1	8:07	7.0	1:07	0.0	2:12	-0.6	7:16	4:53	
18	Tue	8:26	8.4	9:12	7.3	2:15	-0.2	3:14	-1.0	7:15	4:54	
19	Wed	9:27	8.6	10:09	7.7	3:19	-0.5	4:10	-1.4	7:15	4:55	
20	Thu	10:22	8.8	11:02	8.0	4:18	-0.8	5:02	-1.6	7:14	4:56	
21	Fri	11:15	8.9	11:53	8.2	5:13	-1.0	5:51	-1.7	7:13	4:57	
22	Sat			12:07	8.8	6:06	-1.1	6:39	-1.7	7:13	4:58	
23	Sun	12:43	8.3	12:56	8.6	6:57	-1.0	7:25	-1.5	7:12	5:00	
24	Mon	1:31	8.2	1:46	8.2	7:48	-0.9	8:13	-1.2	7:11	5:01	
25	Tue	2:20	8.1	2:36	7.7	8:41	-0.6	9:02	-0.7	7:11	5:02	
26	Wed	3:10	7.8	3:31	7.2	9:39	-0.3	9:57	-0.3	7:10	5:03	
27	Thu	4:04	7.5	4:31	6.8	10:40	0.0	10:55	0.1	7:09	5:04	
28	Fri	5:02	7.3	5:37	6.4	11:43	0.2	11:57	0.5	7:08	5:06	
29	Sat	6:04	7.1	6:45	6.2			12:45	0.3	7:07	5:07	
30	Sun	7:07	7.0	7:48	6.2	12:59	0.7	1:43	0.2	7:07	5:08	
31	Mon	8:05	7.0	8:43	6.2	1:57	0.7	2:38	0.1	7:06	5:09	