US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:12	6.9	3:29	6.7	9:32	0.8	9:51	0.5	7:19	4:37	
2	Tue	4:02	7.0	4:23	6.5	10:30	0.8	10:43	0.6	7:19	4:38	
3	Wed	4:54	7.1	5:21	6.3	11:32	0.6	11:39	0.7	7:19	4:39	
4	Thu	5:50	7.2	6:23	6.3			12:36	0.4	7:19	4:40	
5	Fri	6:48	7.5	7:28	6.5	12:36	0.6	1:40	0.1	7:19	4:41	
6	Sat	7:46	7.8	8:29	6.8	1:35	0.4	2:37	-0.3	7:19	4:42	
7	Sun	8:42	8.2	9:24	7.1	2:33	0.2	3:30	-0.8	7:18	4:43	
8	Mon	9:35	8.6	10:16	7.5	3:28	-0.2	4:19	-1.2	7:18	4:44	
9	Tue	10:27	8.8	11:06	7.9	4:21	-0.5	5:08	-1.5	7:18	4:45	
10	Wed	11:19	9.0	11:58	8.1	5:15	-0.8	5:57	-1.7	7:18	4:46	
11	Thu			12:11	9.0	6:08	-1.0	6:45	-1.7	7:18	4:47	
12	Fri	12:49	8.3	1:04	8.8	7:02	-1.0	7:35	-1.6	7:17	4:48	
13	Sat	1:42	8.4	1:59	8.4	7:59	-1.0	8:27	-1.3	7:17	4:49	
14	Sun	2:37	8.3	2:58	8.0	9:01	-0.8	9:25	-1.0	7:17	4:50	
15	Mon	3:36	8.2	4:02	7.5	10:08	-0.6	10:28	-0.6	7:16	4:51	
16	Tue	4:40	8.0	5:12	7.1	11:16	-0.4	11:33	-0.2	7:16	4:52	
17	Wed	5:45	7.8	6:23	6.8			12:22	-0.3	7:15	4:53	
18	Thu	6:51	7.6	7:30	6.6	12:38	0.0	1:25	-0.3	7:15	4:55	
19	Fri	7:52	7.5	8:30	6.6	1:41	0.2	2:23	-0.3	7:14	4:56	
20	Sat	8:47	7.5	9:24	6.6	2:38	0.3	3:17	-0.4	7:14	4:57	
21	Sun	9:36	7.5	10:11	6.7	3:30	0.3	4:05	-0.4	7:13	4:58	
22	Mon	10:19	7.5	10:53	6.7	4:17	0.4	4:50	-0.4	7:12	4:59	
23	Tue	10:57	7.4	11:30	6.7	4:59	0.4	5:29	-0.4	7:12	5:01	
24	Wed	11:28	7.4			5:36	0.4	6:04	-0.3	7:11	5:02	
25	Thu	12:00	6.7	11:52 AM	7.3	6:06	0.4	6:31	-0.2	7:10	5:03	
26	Fri	12:22	6.8	12:17	7.3	6:30	0.4	6:51	-0.2	7:09	5:04	
27	Sat	12:45	7.0	12:49	7.3	6:56	0.3	7:16	-0.1	7:09	5:05	
28	Sun	1:16	7.1	1:27	7.2	7:30	0.3	7:48	-0.1	7:08	5:07	
29	Mon	1:54	7.3	2:10	7.1	8:10	0.3	8:26	0.0	7:07	5:08	
30	Tue	2:36	7.3	2:56	6.9	8:55	0.3	9:10	0.2	7:06	5:09	
31	Wed	3:22	7.4	3:47	6.7	9:47	0.3	10:00	0.4	7:05	5:10	