US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:56	7.2	7:34	6.3	12:46	0.6	1:30	0.2	7:19	4:37	
2	Fri	7:50	7.2	8:29	6.3	1:41	0.7	2:24	0.1	7:19	4:37	
3	Sat	8:40	7.2	9:18	6.3	2:33	0.8	3:13	0.0	7:19	4:38	
4	Sun	9:23	7.2	10:01	6.3	3:20	0.8	3:59	-0.1	7:19	4:39	
5	Mon	10:01	7.3	10:40	6.4	4:03	0.8	4:40	-0.1	7:19	4:40	
6	Tue	10:32	7.3	11:13	6.4	4:40	0.8	5:17	-0.1	7:19	4:41	
7	Wed	11:00	7.4	11:39	6.6	5:11	0.7	5:48	-0.2	7:19	4:42	
8	Thu	11:30	7.5			5:38	0.7	6:14	-0.2	7:18	4:43	
9	Fri	12:06	6.7	12:05	7.5	6:09	0.5	6:40	-0.3	7:18	4:44	
10	Sat	12:38	7.0	12:45	7.6	6:45	0.4	7:12	-0.3	7:18	4:45	
11	Sun	1:16	7.2	1:28	7.5	7:26	0.2	7:50	-0.3	7:18	4:46	
12	Mon	1:59	7.4	2:15	7.4	8:13	0.1	8:33	-0.3	7:18	4:47	
13	Tue	2:45	7.6	3:05	7.2	9:05	0.1	9:22	-0.1	7:17	4:48	
14	Wed	3:36	7.7	4:01	6.9	10:03	0.0	10:16	0.0	7:17	4:49	
15	Thu	4:31	7.8	5:02	6.7	11:07	0.0	11:15	0.2	7:17	4:50	
16	Fri	5:31	7.8	6:09	6.6			12:17	-0.1	7:16	4:51	
17	Sat	6:36	7.9	7:25	6.6	12:20	0.2	1:31	-0.4	7:16	4:53	
18	Sun	7:46	8.1	8:38	6.8	1:31	0.2	2:39	-0.7	7:15	4:54	
19	Mon	8:53	8.3	9:40	7.1	2:41	0.0	3:39	-1.0	7:15	4:55	
20	Tue	9:52	8.5	10:35	7.5	3:44	-0.3	4:33	-1.2	7:14	4:56	
21	Wed	10:47	8.6	11:27	7.7	4:42	-0.5	5:24	-1.4	7:13	4:57	
22	Thu	11:38	8.5			5:36	-0.7	6:11	-1.4	7:13	4:58	
23	Fri	12:15	7.9	12:27	8.4	6:27	-0.7	6:57	-1.3	7:12	5:00	
24	Sat	1:02	7.9	1:14	8.1	7:15	-0.6	7:40	-1.0	7:11	5:01	
25	Sun	1:46	7.9	1:59	7.7	8:03	-0.5	8:23	-0.7	7:11	5:02	
26	Mon	2:30	7.7	2:46	7.2	8:53	-0.2	9:08	-0.3	7:10	5:03	
27	Tue	3:15	7.5	3:35	6.8	9:47	0.0	9:57	0.2	7:09	5:04	
28	Wed	4:03	7.2	4:31	6.4	10:45	0.3	10:51	0.6	7:08	5:06	
29	Thu	4:56	7.0	5:34	6.0	11:45	0.5	11:50	0.9	7:07	5:07	
30	Fri	5:55	6.8	6:43	5.8			12:47	0.5	7:07	5:08	
31	Sat	7:00	6.7	7:49	5.8	12:54	1.1	1:47	0.5	7:06	5:09	