

































Glen Cove, Hempstead Harbor, NY - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:10	6.5	8:08	5.8	1:10	1.5	2:06	0.8	6:27	5:46	
2	Tue	8:17	6.7	9:01	6.1	2:15	1.3	2:58	0.6	6:26	5:47	
3	Wed	9:06	6.9	9:42	6.5	3:08	1.0	3:43	0.3	6:24	5:48	
4	Thu	9:46	7.2	10:16	6.9	3:51	0.7	4:20	0.1	6:22	5:49	
5	Fri	10:20	7.4	10:44	7.3	4:28	0.4	4:51	-0.2	6:21	5:50	
6	Sat	10:53	7.7	11:13	7.8	5:01	0.0	5:18	-0.4	6:19	5:51	
7	Sun	11:28	7.9	11:47	8.2	5:33	-0.4	5:47	-0.6	6:18	5:52	
8	Mon			12:07	8.0	6:09	-0.7	6:21	-0.7	6:16	5:53	
9	Tue	12:26	8.5	12:49	8.0	6:49	-0.9	7:00	-0.7	6:14	5:55	
10	Wed	1:08	8.7	1:34	7.9	7:33	-1.0	7:43	-0.6	6:13	5:56	
11	Thu	1:54	8.7	2:23	7.6	8:21	-0.8	8:32	-0.3	6:11	5:57	
12	Fri	2:45	8.5	3:18	7.2	9:18	-0.5	9:29	0.1	6:10	5:58	
13	Sat	3:43	8.1	4:22	6.9	10:25	-0.2	10:37	0.4	6:08	5:59	
14	Sun	4:50	7.8	5:43	6.6	11:47	0.1			6:06	6:00	
15	Mon	6:14	7.5	7:15	6.7	12:03	0.6	1:09	0.0	6:05	6:01	
16	Tue	7:41	7.6	8:27	7.1	1:31	0.5	2:18	-0.2	6:03	6:02	
17	Wed	8:49	7.8	9:24	7.5	2:40	0.1	3:16	-0.5	6:01	6:03	
18	Thu	9:45	8.0	10:14	7.9	3:38	-0.2	4:07	-0.7	6:00	6:04	
19	Fri	10:34	8.1	10:58	8.1	4:30	-0.5	4:53	-0.7	5:58	6:05	
20	Sat	11:18	8.0	11:37	8.2	5:16	-0.7	5:34	-0.7	5:56	6:07	
21	Sun	11:58	7.9			5:58	-0.7	6:12	-0.5	5:55	6:08	
22	Mon	12:12	8.2	12:33	7.7	6:35	-0.6	6:44	-0.2	5:53	6:09	
23	Tue	12:41	8.0	1:03	7.4	7:09	-0.4	7:12	0.1	5:51	6:10	
24	Wed	1:09	7.9	1:33	7.2	7:40	-0.2	7:40	0.4	5:50	6:11	
25	Thu	1:40	7.7	2:06	6.9	8:13	0.1	8:14	0.7	5:48	6:12	
26	Fri	2:17	7.4	2:47	6.5	8:53	0.5	8:55	1.1	5:46	6:13	
27	Sat	3:01	7.1	3:35	6.2	9:43	0.8	9:46	1.4	5:45	6:14	
28	Sun	3:53	6.8	4:33	6.0	10:47	1.1	10:51	1.6	5:43	6:15	
29	Mon	4:53	6.6	5:48	5.9			12:07	1.2	5:41	6:16	
30	Tue	6:05	6.5	7:14	6.0	12:14	1.7	1:18	1.1	5:40	6:17	
31	Wed	7:25	6.6	8:14	6.4	1:34	1.5	2:14	0.9	5:38	6:18	