US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:10**	6.5	**8:08**	5.8	**1:10**	1.5	**2:06**	0.8	6:27	5:46	
2	Tue	**8:17**	6.7	**9:01**	6.1	**2:15**	1.3	**2:58**	0.6	6:26	5:47	
3	Wed	**9:06**	6.9	**9:42**	6.5	**3:08**	1.0	**3:43**	0.3	6:24	5:48	
4	Thu	**9:46**	7.2	**10:16**	6.9	**3:51**	0.7	**4:20**	0.1	6:22	5:49	
5	Fri	**10:20**	7.4	**10:44**	7.3	**4:28**	0.4	**4:51**	-0.2	6:21	5:50	
6	Sat	**10:53**	7.7	**11:13**	7.8	**5:01**	0.0	**5:18**	-0.4	6:19	5:51	
7	Sun	**11:28**	7.9	**11:47**	8.2	**5:33**	-0.4	**5:47**	-0.6	6:18	5:52	
8	Mon			**12:07**	8.0	**6:09**	-0.7	**6:21**	-0.7	6:16	5:53	
9	Tue	**12:26**	8.5	**12:49**	8.0	**6:49**	-0.9	**7:00**	-0.7	6:14	5:55	
10	Wed	**1:08**	8.7	**1:34**	7.9	**7:33**	-1.0	**7:43**	-0.6	6:13	5:56	
11	Thu	**1:54**	8.7	**2:23**	7.6	**8:21**	-0.8	**8:32**	-0.3	6:11	5:57	
12	Fri	**2:45**	8.5	**3:18**	7.2	**9:18**	-0.5	**9:29**	0.1	6:10	5:58	
13	Sat	**3:43**	8.1	**4:22**	6.9	**10:25**	-0.2	**10:37**	0.4	6:08	5:59	
14	Sun	**4:50**	7.8	**5:43**	6.6	**11:47**	0.1			6:06	6:00	
15	Mon	**6:14**	7.5	**7:15**	6.7	**12:03**	0.6	**1:09**	0.0	6:05	6:01	
16	Tue	**7:41**	7.6	**8:27**	7.1	**1:31**	0.5	**2:18**	-0.2	6:03	6:02	
17	Wed	**8:49**	7.8	**9:24**	7.5	**2:40**	0.1	**3:16**	-0.5	6:01	6:03	
18	Thu	**9:45**	8.0	**10:14**	7.9	**3:38**	-0.2	**4:07**	-0.7	6:00	6:04	
19	Fri	**10:34**	8.1	**10:58**	8.1	**4:30**	-0.5	**4:53**	-0.7	5:58	6:05	
20	Sat	**11:18**	8.0	**11:37**	8.2	**5:16**	-0.7	**5:34**	-0.7	5:56	6:07	
21	Sun	**11:58**	7.9			**5:58**	-0.7	**6:12**	-0.5	5:55	6:08	
22	Mon	**12:12**	8.2	**12:33**	7.7	**6:35**	-0.6	**6:44**	-0.2	5:53	6:09	
23	Tue	**12:41**	8.0	**1:03**	7.4	**7:09**	-0.4	**7:12**	0.1	5:51	6:10	
24	Wed	**1:09**	7.9	**1:33**	7.2	**7:40**	-0.2	**7:40**	0.4	5:50	6:11	
25	Thu	**1:40**	7.7	**2:06**	6.9	**8:13**	0.1	**8:14**	0.7	5:48	6:12	
26	Fri	**2:17**	7.4	**2:47**	6.5	**8:53**	0.5	**8:55**	1.1	5:46	6:13	
27	Sat	**3:01**	7.1	**3:35**	6.2	**9:43**	0.8	**9:46**	1.4	5:45	6:14	
28	Sun	**3:53**	6.8	**4:33**	6.0	**10:47**	1.1	**10:51**	1.6	5:43	6:15	
29	Mon	**4:53**	6.6	**5:48**	5.9			**12:07**	1.2	5:41	6:16	
30	Tue	**6:05**	6.5	**7:14**	6.0	**12:14**	1.7	**1:18**	1.1	5:40	6:17	
31	Wed	**7:25**	6.6	**8:14**	6.4	**1:34**	1.5	**2:14**	0.9	5:38	6:18	