US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:48	8.6			5:44	-0.4	6:23	-1.3	7:19	4:37	
2	Mon	12:26	7.9	12:39	8.6	6:36	-0.6	7:10	-1.3	7:19	4:38	
3	Tue	1:16	8.1	1:31	8.4	7:30	-0.7	7:59	-1.2	7:19	4:39	
4	Wed	2:08	8.2	2:27	8.0	8:28	-0.7	8:52	-1.0	7:19	4:40	
5	Thu	3:04	8.3	3:28	7.6	9:32	-0.6	9:50	-0.7	7:19	4:41	
6	Fri	4:04	8.2	4:34	7.2	10:42	-0.5	10:54	-0.3	7:19	4:41	
7	Sat	5:08	8.0	5:47	6.8	11:51	-0.4			7:18	4:42	
8	Sun	6:16	7.9	7:00	6.7	12:02	0.0	12:58	-0.4	7:18	4:43	
9	Mon	7:23	7.8	8:07	6.6	1:09	0.2	2:01	-0.4	7:18	4:44	
10	Tue	8:25	7.7	9:06	6.6	2:13	0.3	2:59	-0.5	7:18	4:45	
11	Wed	9:19	7.7	9:58	6.7	3:10	0.3	3:52	-0.5	7:18	4:47	
12	Thu	10:08	7.6	10:45	6.7	4:02	0.3	4:40	-0.5	7:17	4:48	
13	Fri	10:51	7.5	11:27	6.7	4:49	0.4	5:24	-0.5	7:17	4:49	
14	Sat	11:29	7.4			5:32	0.4	6:03	-0.4	7:17	4:50	
15	Sun	12:04	6.7	12:01	7.3	6:09	0.5	6:36	-0.2	7:16	4:51	
16	Mon	12:34	6.8	12:28	7.2	6:40	0.5	7:03	-0.1	7:16	4:52	
17	Tue	12:59	6.8	12:57	7.1	7:09	0.5	7:27	0.0	7:15	4:53	
18	Wed	1:25	6.9	1:32	7.0	7:39	0.5	7:54	0.1	7:15	4:54	
19	Thu	1:58	7.0	2:11	6.8	8:16	0.5	8:29	0.3	7:14	4:55	
20	Fri	2:37	7.1	2:55	6.6	9:00	0.5	9:09	0.5	7:14	4:57	
21	Sat	3:21	7.1	3:44	6.3	9:49	0.6	9:56	0.7	7:13	4:58	
22	Sun	4:09	7.0	4:37	6.0	10:44	0.7	10:47	0.9	7:12	4:59	
23	Mon	5:01	7.0	5:35	5.9	11:46	0.7	11:44	1.0	7:12	5:00	
24	Tue	5:58	7.1	6:40	5.9			12:55	0.5	7:11	5:01	
25	Wed	7:00	7.2	7:51	6.0	12:46	1.0	2:03	0.2	7:10	5:03	
26	Thu	8:04	7.5	8:54	6.4	1:52	0.8	3:01	-0.1	7:10	5:04	
27	Fri	9:03	7.9	9:48	6.9	2:55	0.4	3:52	-0.6	7:09	5:05	
28	Sat	9:57	8.2	10:37	7.5	3:52	0.0	4:39	-1.0	7:08	5:06	
29	Sun	10:49	8.5	11:25	8.0	4:46	-0.5	5:24	-1.3	7:07	5:08	
30	Mon	11:39	8.7			5:38	-0.9	6:09	-1.5	7:06	5:09	
31	Tue	12:12	8.4	12:29	8.6	6:29	-1.2	6:53	-1.6	7:05	5:10	