US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:26	8.2	10:08	7.1	3:17	0.0	4:04	-0.9	7:19	4:37	
2	Tue	10:18	8.2	10:58	7.2	4:13	-0.1	4:55	-1.0	7:19	4:38	
3	Wed	11:06	8.1	11:45	7.2	5:04	-0.1	5:41	-0.9	7:19	4:38	
4	Thu	11:51	8.0			5:51	0.0	6:25	-0.8	7:19	4:39	
5	Fri	12:28	7.2	12:31	7.7	6:35	0.1	7:04	-0.6	7:19	4:40	
6	Sat	1:07	7.2	1:09	7.5	7:16	0.2	7:40	-0.4	7:19	4:41	
7	Sun	1:43	7.1	1:45	7.2	7:56	0.3	8:15	-0.1	7:19	4:42	
8	Mon	2:17	7.1	2:23	6.9	8:37	0.5	8:50	0.2	7:18	4:43	
9	Tue	2:54	7.0	3:06	6.5	9:24	0.6	9:30	0.5	7:18	4:44	
10	Wed	3:36	6.9	3:55	6.2	10:17	0.7	10:16	0.8	7:18	4:45	
11	Thu	4:22	6.8	4:49	5.9	11:16	0.8	11:07	1.0	7:18	4:46	
12	Fri	5:14	6.8	5:52	5.7			12:19	0.8	7:17	4:47	
13	Sat	6:11	6.7	7:05	5.7	12:05	1.2	1:21	0.7	7:17	4:48	
14	Sun	7:11	6.8	8:11	5.8	1:07	1.2	2:18	0.5	7:17	4:50	
15	Mon	8:09	7.0	9:02	6.0	2:06	1.2	3:08	0.3	7:16	4:51	
16	Tue	8:57	7.2	9:45	6.3	2:57	1.0	3:52	0.0	7:16	4:52	
17	Wed	9:40	7.5	10:23	6.6	3:41	0.7	4:30	-0.3	7:15	4:53	
18	Thu	10:22	7.8	11:00	7.1	4:23	0.4	5:06	-0.6	7:15	4:54	
19	Fri	11:05	8.1	11:40	7.5	5:06	0.0	5:42	-0.9	7:14	4:55	
20	Sat	11:50	8.2			5:50	-0.4	6:19	-1.1	7:14	4:56	
21	Sun	12:22	7.9	12:36	8.3	6:36	-0.7	7:00	-1.2	7:13	4:58	
22	Mon	1:06	8.3	1:24	8.2	7:24	-0.8	7:43	-1.1	7:13	4:59	
23	Tue	1:54	8.5	2:15	7.9	8:16	-0.9	8:31	-0.9	7:12	5:00	
24	Wed	2:44	8.5	3:10	7.5	9:13	-0.7	9:25	-0.6	7:11	5:01	
25	Thu	3:40	8.3	4:11	7.1	10:18	-0.5	10:26	-0.2	7:10	5:02	
26	Fri	4:41	8.1	5:22	6.7	11:31	-0.4	11:37	0.1	7:10	5:04	
27	Sat	5:52	7.8	6:45	6.5			12:46	-0.3	7:09	5:05	
28	Sun	7:10	7.7	8:01	6.5	12:55	0.3	1:56	-0.3	7:08	5:06	
29	Mon	8:21	7.7	9:05	6.7	2:09	0.3	2:58	-0.5	7:07	5:07	
30	Tue	9:21	7.8	10:00	6.9	3:12	0.2	3:53	-0.6	7:06	5:08	
31	Wed	10:13	7.8	10:49	7.1	4:07	0.1	4:43	-0.7	7:05	5:10	