US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:51	7.0	6:30	6.1			12:33	0.5	7:19	4:37	
2	Wed	6:49	7.0	7:32	6.0	12:41	0.9	1:31	0.4	7:19	4:37	
3	Thu	7:45	7.0	8:28	6.0	1:38	1.0	2:25	0.3	7:19	4:38	
4	Fri	8:36	7.0	9:17	6.1	2:31	1.0	3:15	0.2	7:19	4:39	
5	Sat	9:20	7.1	10:00	6.2	3:18	1.0	4:00	0.1	7:19	4:40	
6	Sun	9:57	7.2	10:37	6.4	4:00	0.9	4:40	-0.1	7:19	4:41	
7	Mon	10:28	7.3	11:08	6.5	4:37	0.8	5:15	-0.2	7:19	4:42	
8	Tue	10:58	7.5	11:35	6.8	5:07	0.6	5:44	-0.3	7:18	4:43	
9	Wed	11:32	7.6			5:38	0.4	6:09	-0.4	7:18	4:44	
10	Thu	12:05	7.1	12:10	7.7	6:13	0.2	6:39	-0.5	7:18	4:45	
11	Fri	12:41	7.4	12:51	7.7	6:52	0.0	7:14	-0.6	7:18	4:46	
12	Sat	1:21	7.7	1:36	7.6	7:35	-0.2	7:54	-0.5	7:18	4:47	
13	Sun	2:05	7.9	2:24	7.5	8:24	-0.2	8:40	-0.4	7:17	4:48	
14	Mon	2:53	8.0	3:17	7.2	9:18	-0.2	9:31	-0.2	7:17	4:49	
15	Tue	3:46	8.0	4:15	6.9	10:19	-0.2	10:28	0.0	7:16	4:50	
16	Wed	4:44	8.0	5:20	6.6	11:28	-0.2	11:32	0.2	7:16	4:51	
17	Thu	5:49	7.9	6:35	6.5			12:44	-0.2	7:16	4:53	
18	Fri	7:02	7.9	7:57	6.6	12:45	0.3	1:59	-0.4	7:15	4:54	
19	Sat	8:16	8.0	9:06	6.9	2:02	0.2	3:03	-0.7	7:15	4:55	
20	Sun	9:21	8.2	10:04	7.2	3:11	-0.1	4:00	-1.0	7:14	4:56	
21	Mon	10:17	8.3	10:56	7.5	4:11	-0.3	4:52	-1.2	7:13	4:57	
22	Tue	11:08	8.3	11:44	7.8	5:05	-0.5	5:39	-1.3	7:13	4:58	
23	Wed	11:55	8.3			5:55	-0.6	6:23	-1.2	7:12	5:00	
24	Thu	12:28	7.9	12:39	8.0	6:41	-0.6	7:04	-1.0	7:11	5:01	
25	Fri	1:09	7.9	1:21	7.7	7:25	-0.5	7:43	-0.7	7:11	5:02	
26	Sat	1:48	7.8	2:00	7.4	8:08	-0.3	8:20	-0.4	7:10	5:03	
27	Sun	2:25	7.6	2:41	7.0	8:52	-0.1	8:59	0.0	7:09	5:05	
28	Mon	3:04	7.4	3:25	6.5	9:41	0.2	9:42	0.4	7:08	5:06	
29	Tue	3:48	7.1	4:15	6.1	10:37	0.5	10:33	0.8	7:07	5:07	
30	Wed	4:38	6.9	5:16	5.8	11:39	0.7	11:33	1.1	7:07	5:08	
31	Thu	5:37	6.7	6:33	5.6			12:45	0.8	7:06	5:09	