US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:39	6.5	6:46	5.6			1:00	1.0	6:27	5:46	
2	Sun	6:58	6.5	8:01	5.9	1:01	1.5	2:03	0.8	6:26	5:47	
3	Mon	8:09	6.7	8:53	6.3	2:11	1.3	2:53	0.6	6:24	5:48	
4	Tue	8:59	7.0	9:32	6.7	3:03	0.9	3:35	0.3	6:22	5:49	
5	Wed	9:40	7.3	10:05	7.2	3:45	0.5	4:10	0.0	6:21	5:50	
6	Thu	10:16	7.6	10:36	7.8	4:22	0.0	4:41	-0.3	6:19	5:51	
7	Fri	10:53	7.9	11:11	8.3	4:58	-0.5	5:12	-0.6	6:18	5:52	
8	Sat	11:33	8.1	11:50	8.7	5:36	-0.9	5:47	-0.8	6:16	5:53	
9	Sun			1:14	8.2	7:15	-1.1	7:26	-0.9	7:14	6:55	
10	Mon	1:32	8.9	1:59	8.1	7:59	-1.2	8:08	-0.8	7:13	6:56	
11	Tue	2:18	9.0	2:47	7.9	8:46	-1.1	8:55	-0.6	7:11	6:57	
12	Wed	3:07	8.8	3:39	7.5	9:39	-0.8	9:49	-0.2	7:10	6:58	
13	Thu	4:03	8.4	4:40	7.1	10:41	-0.4	10:53	0.2	7:08	6:59	
14	Fri	5:07	7.9	5:55	6.8	11:59	-0.1			7:06	7:00	
15	Sat	6:26	7.6	7:26	6.7	12:15	0.5	1:22	0.1	7:05	7:01	
16	Sun	7:55	7.4	8:44	7.0	1:45	0.5	2:34	0.0	7:03	7:02	
17	Mon	9:09	7.5	9:46	7.3	3:00	0.3	3:36	-0.2	7:01	7:03	
18	Tue	10:09	7.7	10:38	7.7	4:01	-0.1	4:30	-0.4	7:00	7:04	
19	Wed	11:00	7.8	11:24	7.9	4:54	-0.4	5:17	-0.5	6:58	7:05	
20	Thu	11:45	7.9			5:41	-0.6	6:00	-0.5	6:56	7:07	
21	Fri	12:04	8.0	12:25	7.8	6:24	-0.6	6:38	-0.3	6:55	7:08	
22	Sat	12:39	8.0	1:00	7.6	7:02	-0.6	7:11	-0.1	6:53	7:09	
23	Sun	1:08	8.0	1:30	7.4	7:35	-0.4	7:38	0.1	6:51	7:10	
24	Mon	1:33	7.9	1:55	7.2	8:04	-0.2	8:02	0.4	6:50	7:11	
25	Tue	2:00	7.7	2:24	7.0	8:32	0.0	8:30	0.6	6:48	7:12	
26	Wed	2:33	7.6	3:00	6.7	9:05	0.3	9:06	0.8	6:46	7:13	
27	Thu	3:13	7.4	3:42	6.5	9:45	0.6	9:50	1.1	6:45	7:14	
28	Fri	3:59	7.1	4:32	6.2	10:36	0.9	10:43	1.4	6:43	7:15	
29	Sat	4:52	6.8	5:31	6.0	11:39	1.1	11:48	1.6	6:41	7:16	
30	Sun	5:52	6.6	6:40	6.0			12:53	1.2	6:40	7:17	
31	Mon	7:01	6.6	7:57	6.3	1:06	1.6	2:05	1.0	6:38	7:18	