US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Dec 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:00	6.7	1:00	7.4	7:00	1.0	7:36	0.3	7:00	4:27	
2	Tue	1:36	6.7	1:42	7.2	7:42	1.0	8:12	0.4	7:01	4:27	
3	Wed	2:18	6.8	2:30	7.0	8:30	1.1	9:00	0.5	7:02	4:27	
4	Thu	3:06	6.9	3:24	6.8	9:24	1.1	9:48	0.6	7:03	4:26	
5	Fri	4:00	7.0	4:18	6.6	10:24	1.0	10:42	0.7	7:04	4:26	
6	Sat	4:54	7.2	5:18	6.5	11:30	0.8	11:36	0.7	7:05	4:26	
7	Sun	5:48	7.4	6:18	6.6			12:30	0.5	7:05	4:26	
8	Mon	6:42	7.7	7:24	6.7	12:30	0.6	1:30	0.1	7:06	4:26	
9	Tue	7:42	8.1	8:24	7.0	1:30	0.4	2:30	-0.4	7:07	4:26	
10	Wed	8:36	8.5	9:18	7.3	2:24	0.2	3:18	-0.8	7:08	4:26	
11	Thu	9:30	8.8	10:06	7.6	3:18	-0.1	4:12	-1.1	7:09	4:26	
12	Fri	10:18	9.0	11:00	7.8	4:12	-0.4	5:00	-1.3	7:10	4:27	
13	Sat	11:12	9.1	11:54	8.0	5:06	-0.6	5:54	-1.5	7:10	4:27	
14	Sun			12:06	9.0	6:00	-0.7	6:42	-1.4	7:11	4:27	
15	Mon	12:48	8.1	1:00	8.7	6:54	-0.6	7:36	-1.3	7:12	4:27	
16	Tue	1:42	8.1	1:54	8.3	7:54	-0.5	8:30	-1.0	7:12	4:28	
17	Wed	2:36	8.0	2:54	7.8	9:00	-0.3	9:24	-0.6	7:13	4:28	
18	Thu	3:36	7.9	4:00	7.3	10:06	-0.1	10:30	-0.3	7:14	4:28	
19	Fri	4:42	7.8	5:12	7.0	11:12	0.0	11:30	0.0	7:14	4:29	
20	Sat	5:42	7.6	6:18	6.7			12:18	0.0	7:15	4:29	
21	Sun	6:48	7.5	7:24	6.6	12:36	0.3	1:18	0.0	7:15	4:30	
22	Mon	7:42	7.5	8:24	6.5	1:30	0.5	2:18	-0.1	7:16	4:30	
23	Tue	8:36	7.5	9:12	6.5	2:30	0.6	3:06	-0.2	7:16	4:31	
24	Wed	9:24	7.4	10:00	6.5	3:18	0.6	3:54	-0.2	7:17	4:31	
25	Thu	10:06	7.4	10:42	6.5	4:06	0.7	4:42	-0.2	7:17	4:32	
26	Fri	10:42	7.4	11:18	6.5	4:48	0.7	5:18	-0.2	7:17	4:33	
27	Sat	11:12	7.3	11:48	6.6	5:24	0.8	5:54	-0.1	7:18	4:33	
28	Sun	11:36	7.3			5:54	0.8	6:24	-0.1	7:18	4:34	
29	Mon	12:18	6.7	12:06	7.3	6:18	0.7	6:48	-0.1	7:18	4:35	
30	Tue	12:42	6.8	12:42	7.3	6:48	0.6	7:12	-0.1	7:18	4:36	
31	Wed	1:12	7.0	1:18	7.3	7:24	0.5	7:42	-0.1	7:18	4:36	