US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:10**	7.4	**7:42**	8.2	**1:11**	0.0	**1:29**	0.1	5:24	8:20	
2	Tue	**8:18**	7.3	**8:42**	8.3	**2:14**	-0.1	**2:30**	0.2	5:24	8:20	
3	Wed	**9:19**	7.3	**9:36**	8.3	**3:13**	-0.2	**3:26**	0.3	5:24	8:21	
4	Thu	**10:13**	7.3	**10:25**	8.2	**4:07**	-0.3	**4:18**	0.4	5:23	8:22	
5	Fri	**11:01**	7.2	**11:09**	8.1	**4:56**	-0.3	**5:06**	0.6	5:23	8:22	
6	Sat	**11:45**	7.2	**11:48**	8.0	**5:42**	-0.2	**5:49**	0.7	5:23	8:23	
7	Sun			**12:25**	7.1	**6:24**	-0.1	**6:28**	0.9	5:22	8:24	
8	Mon	**12:22**	7.9	**1:00**	7.0	**7:02**	0.0	**7:01**	1.0	5:22	8:24	
9	Tue	**12:50**	7.7	**1:30**	6.9	**7:35**	0.2	**7:30**	1.1	5:22	8:25	
10	Wed	**1:18**	7.6	**1:56**	7.0	**8:03**	0.3	**8:00**	1.1	5:22	8:25	
11	Thu	**1:52**	7.6	**2:27**	7.0	**8:30**	0.4	**8:35**	1.1	5:22	8:26	
12	Fri	**2:31**	7.4	**3:05**	7.1	**9:02**	0.5	**9:18**	1.1	5:22	8:26	
13	Sat	**3:15**	7.3	**3:48**	7.2	**9:41**	0.6	**10:06**	1.2	5:22	8:27	
14	Sun	**4:02**	7.1	**4:35**	7.3	**10:25**	0.8	**11:00**	1.1	5:22	8:27	
15	Mon	**4:54**	6.9	**5:25**	7.4	**11:14**	0.9	**11:59**	1.0	5:22	8:28	
16	Tue	**5:49**	6.7	**6:17**	7.5			**12:05**	1.0	5:22	8:28	
17	Wed	**6:47**	6.6	**7:12**	7.7	**12:59**	0.9	**12:59**	1.0	5:22	8:28	
18	Thu	**7:48**	6.7	**8:08**	8.0	**2:00**	0.6	**1:55**	1.0	5:22	8:29	
19	Fri	**8:50**	6.9	**9:05**	8.3	**3:00**	0.3	**2:53**	0.8	5:22	8:29	
20	Sat	**9:48**	7.1	**10:00**	8.7	**3:55**	-0.1	**3:49**	0.5	5:22	8:29	
21	Sun	**10:42**	7.5	**10:53**	8.9	**4:47**	-0.5	**4:45**	0.2	5:23	8:29	
22	Mon	**11:34**	7.8	**11:46**	9.1	**5:37**	-0.8	**5:40**	-0.1	5:23	8:30	
23	Tue			**12:27**	8.1	**6:27**	-1.0	**6:35**	-0.3	5:23	8:30	
24	Wed	**12:39**	9.2	**1:19**	8.4	**7:17**	-1.1	**7:31**	-0.4	5:23	8:30	
25	Thu	**1:33**	9.1	**2:13**	8.6	**8:06**	-1.1	**8:27**	-0.5	5:24	8:30	
26	Fri	**2:28**	8.8	**3:07**	8.7	**8:58**	-1.0	**9:27**	-0.4	5:24	8:30	
27	Sat	**3:25**	8.5	**4:04**	8.6	**9:52**	-0.7	**10:31**	-0.2	5:25	8:30	
28	Sun	**4:27**	8.0	**5:04**	8.5	**10:51**	-0.4	**11:38**	-0.1	5:25	8:30	
29	Mon	**5:33**	7.6	**6:06**	8.3	**11:54**	0.0			5:25	8:30	
30	Tue	**6:42**	7.2	**7:10**	8.1	**12:44**	0.0	**12:57**	0.3	5:26	8:30	