

































Glen Cove, Hempstead Harbor, NY - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:49	7.0	8:12	8.0	1:47	0.1	2:00	0.6	5:26	8:30	
2	Thu	8:53	6.9	9:11	7.9	2:47	0.1	3:00	0.7	5:27	8:30	
3	Fri	9:50	6.9	10:03	7.9	3:43	0.1	3:55	0.8	5:27	8:29	
4	Sat	10:41	6.9	10:50	7.8	4:34	0.1	4:45	0.9	5:28	8:29	
5	Sun	11:26	6.9	11:31	7.8	5:21	0.1	5:30	0.9	5:29	8:29	
6	Mon			12:07	6.9	6:04	0.1	6:11	1.0	5:29	8:29	
7	Tue	12:06	7.7	12:42	7.0	6:42	0.2	6:46	1.0	5:30	8:28	
8	Wed	12:35	7.6	1:10	7.0	7:15	0.2	7:15	1.0	5:30	8:28	
9	Thu	1:00	7.6	1:33	7.2	7:40	0.3	7:41	0.9	5:31	8:28	
10	Fri	1:30	7.6	2:00	7.3	8:02	0.3	8:12	0.8	5:32	8:27	
11	Sat	2:06	7.5	2:34	7.5	8:29	0.4	8:49	0.8	5:33	8:27	
12	Sun	2:46	7.4	3:13	7.7	9:04	0.4	9:31	0.7	5:33	8:26	
13	Mon	3:30	7.3	3:57	7.8	9:45	0.6	10:20	0.7	5:34	8:26	
14	Tue	4:18	7.1	4:45	7.8	10:31	0.7	11:14	0.7	5:35	8:25	
15	Wed	5:10	6.9	5:37	7.9	11:22	0.9			5:36	8:25	
16	Thu	6:07	6.7	6:33	7.9	12:13	0.7	12:18	0.9	5:36	8:24	
17	Fri	7:10	6.7	7:35	8.1	1:18	0.6	1:19	0.9	5:37	8:23	
18	Sat	8:19	6.8	8:40	8.3	2:28	0.4	2:25	0.8	5:38	8:23	
19	Sun	9:28	7.1	9:44	8.6	3:34	0.0	3:32	0.5	5:39	8:22	
20	Mon	10:29	7.6	10:43	8.9	4:32	-0.4	4:36	0.1	5:40	8:21	
21	Tue	11:24	8.0	11:38	9.1	5:25	-0.7	5:34	-0.2	5:41	8:20	
22	Wed			12:16	8.5	6:15	-1.0	6:30	-0.6	5:42	8:20	
23	Thu	12:32	9.1	1:07	8.8	7:03	-1.2	7:23	-0.8	5:42	8:19	
24	Fri	1:24	9.0	1:56	9.0	7:50	-1.2	8:16	-0.8	5:43	8:18	
25	Sat	2:15	8.8	2:46	9.0	8:37	-1.0	9:09	-0.7	5:44	8:17	
26	Sun	3:07	8.4	3:37	8.8	9:26	-0.7	10:06	-0.4	5:45	8:16	
27	Mon	4:02	8.0	4:31	8.5	10:19	-0.2	11:07	-0.1	5:46	8:15	
28	Tue	5:01	7.5	5:29	8.2	11:19	0.3			5:47	8:14	
29	Wed	6:07	7.0	6:33	7.8	12:12	0.2	12:23	0.7	5:48	8:13	
30	Thu	7:16	6.7	7:40	7.6	1:16	0.4	1:29	1.0	5:49	8:12	
31	Fri	8:24	6.6	8:43	7.5	2:19	0.5	2:32	1.1	5:50	8:11	