US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:24**	6.6	**9:40**	7.5	**3:17**	0.5	**3:31**	1.1	5:51	8:10	
2	Sun	**10:17**	6.7	**10:28**	7.6	**4:10**	0.4	**4:22**	1.1	5:52	8:09	
3	Mon	**11:03**	6.9	**11:11**	7.6	**4:57**	0.3	**5:09**	1.0	5:53	8:08	
4	Tue	**11:43**	7.0	**11:47**	7.6	**5:40**	0.3	**5:50**	0.9	5:54	8:07	
5	Wed			**12:16**	7.2	**6:17**	0.3	**6:25**	0.8	5:55	8:05	
6	Thu	**12:16**	7.6	**12:42**	7.3	**6:47**	0.3	**6:54**	0.7	5:56	8:04	
7	Fri	**12:40**	7.7	**1:02**	7.5	**7:10**	0.3	**7:18**	0.6	5:57	8:03	
8	Sat	**1:06**	7.7	**1:27**	7.8	**7:30**	0.3	**7:45**	0.5	5:58	8:02	
9	Sun	**1:40**	7.7	**2:01**	8.0	**7:56**	0.3	**8:20**	0.4	5:59	8:01	
10	Mon	**2:18**	7.6	**2:39**	8.1	**8:30**	0.3	**9:00**	0.3	6:00	7:59	
11	Tue	**3:00**	7.5	**3:22**	8.2	**9:10**	0.4	**9:46**	0.4	6:01	7:58	
12	Wed	**3:47**	7.3	**4:11**	8.1	**9:56**	0.6	**10:39**	0.5	6:02	7:57	
13	Thu	**4:39**	7.0	**5:05**	8.1	**10:48**	0.8	**11:40**	0.6	6:03	7:55	
14	Fri	**5:37**	6.8	**6:05**	8.0	**11:48**	1.0			6:04	7:54	
15	Sat	**6:44**	6.7	**7:12**	8.0	**12:50**	0.6	**12:56**	1.0	6:05	7:53	
16	Sun	**8:01**	6.9	**8:27**	8.1	**2:08**	0.5	**2:13**	0.8	6:06	7:51	
17	Mon	**9:18**	7.3	**9:38**	8.4	**3:20**	0.1	**3:30**	0.4	6:07	7:50	
18	Tue	**10:20**	7.9	**10:39**	8.7	**4:19**	-0.3	**4:34**	-0.1	6:08	7:48	
19	Wed	**11:13**	8.4	**11:32**	8.9	**5:11**	-0.7	**5:30**	-0.5	6:08	7:47	
20	Thu			**12:02**	8.9	**5:59**	-1.0	**6:21**	-0.8	6:09	7:45	
21	Fri	**12:22**	9.0	**12:49**	9.1	**6:45**	-1.1	**7:11**	-1.0	6:10	7:44	
22	Sat	**1:10**	8.9	**1:34**	9.2	**7:29**	-1.0	**7:58**	-1.0	6:11	7:42	
23	Sun	**1:57**	8.7	**2:18**	9.1	**8:12**	-0.7	**8:46**	-0.7	6:12	7:41	
24	Mon	**2:43**	8.3	**3:04**	8.8	**8:56**	-0.4	**9:36**	-0.3	6:13	7:39	
25	Tue	**3:31**	7.8	**3:52**	8.4	**9:44**	0.1	**10:31**	0.1	6:14	7:38	
26	Wed	**4:24**	7.3	**4:46**	7.9	**10:39**	0.6	**11:34**	0.5	6:15	7:36	
27	Thu	**5:27**	6.8	**5:50**	7.5	**11:44**	1.1			6:16	7:35	
28	Fri	**6:39**	6.5	**7:02**	7.2	**12:41**	0.8	**12:56**	1.4	6:17	7:33	
29	Sat	**7:51**	6.4	**8:12**	7.1	**1:46**	0.9	**2:03**	1.4	6:18	7:32	
30	Sun	**8:54**	6.5	**9:12**	7.2	**2:47**	0.9	**3:04**	1.3	6:19	7:30	
31	Mon	**9:48**	6.8	**10:02**	7.4	**3:40**	0.7	**3:57**	1.1	6:20	7:28	