

































## Glen Cove, Hempstead Harbor, NY - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:24	6.6	9:40	7.5	3:17	0.5	3:31	1.1	5:51	8:10	
2	Sun	10:17	6.7	10:28	7.6	4:10	0.4	4:22	1.1	5:52	8:09	
3	Mon	11:03	6.9	11:11	7.6	4:57	0.3	5:09	1.0	5:53	8:08	
4	Tue	11:43	7.0	11:47	7.6	5:40	0.3	5:50	0.9	5:54	8:07	
5	Wed			12:16	7.2	6:17	0.3	6:25	0.8	5:55	8:05	
6	Thu	12:16	7.6	12:42	7.3	6:47	0.3	6:54	0.7	5:56	8:04	
7	Fri	12:40	7.7	1:02	7.5	7:10	0.3	7:18	0.6	5:57	8:03	
8	Sat	1:06	7.7	1:27	7.8	7:30	0.3	7:45	0.5	5:58	8:02	
9	Sun	1:40	7.7	2:01	8.0	7:56	0.3	8:20	0.4	5:59	8:01	
10	Mon	2:18	7.6	2:39	8.1	8:30	0.3	9:00	0.3	6:00	7:59	
11	Tue	3:00	7.5	3:22	8.2	9:10	0.4	9:46	0.4	6:01	7:58	
12	Wed	3:47	7.3	4:11	8.1	9:56	0.6	10:39	0.5	6:02	7:57	
13	Thu	4:39	7.0	5:05	8.1	10:48	0.8	11:40	0.6	6:03	7:55	
14	Fri	5:37	6.8	6:05	8.0	11:48	1.0			6:04	7:54	
15	Sat	6:44	6.7	7:12	8.0	12:50	0.6	12:56	1.0	6:05	7:53	
16	Sun	8:01	6.9	8:27	8.1	2:08	0.5	2:13	0.8	6:06	7:51	
17	Mon	9:18	7.3	9:38	8.4	3:20	0.1	3:30	0.4	6:07	7:50	
18	Tue	10:20	7.9	10:39	8.7	4:19	-0.3	4:34	-0.1	6:08	7:48	
19	Wed	11:13	8.4	11:32	8.9	5:11	-0.7	5:30	-0.5	6:08	7:47	
20	Thu			12:02	8.9	5:59	-1.0	6:21	-0.8	6:09	7:45	
21	Fri	12:22	9.0	12:49	9.1	6:45	-1.1	7:11	-1.0	6:10	7:44	
22	Sat	1:10	8.9	1:34	9.2	7:29	-1.0	7:58	-1.0	6:11	7:42	
23	Sun	1:57	8.7	2:18	9.1	8:12	-0.7	8:46	-0.7	6:12	7:41	
24	Mon	2:43	8.3	3:04	8.8	8:56	-0.4	9:36	-0.3	6:13	7:39	
25	Tue	3:31	7.8	3:52	8.4	9:44	0.1	10:31	0.1	6:14	7:38	
26	Wed	4:24	7.3	4:46	7.9	10:39	0.6	11:34	0.5	6:15	7:36	
27	Thu	5:27	6.8	5:50	7.5	11:44	1.1			6:16	7:35	
28	Fri	6:39	6.5	7:02	7.2	12:41	0.8	12:56	1.4	6:17	7:33	
29	Sat	7:51	6.4	8:12	7.1	1:46	0.9	2:03	1.4	6:18	7:32	
30	Sun	8:54	6.5	9:12	7.2	2:47	0.9	3:04	1.3	6:19	7:30	
31	Mon	9:48	6.8	10:02	7.4	3:40	0.7	3:57	1.1	6:20	7:28	