



















## Glen Cove, Hempstead Harbor, NY - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:37	7.1	4:01	7.7	9:49	0.8	10:28	0.9	5:51	8:10	
2	Mon	4:25	6.8	4:49	7.6	10:36	1.0	11:22	1.0	5:52	8:09	
3	Tue	5:17	6.6	5:42	7.5	11:28	1.2			5:52	8:08	
4	Wed	6:15	6.4	6:40	7.5	12:24	1.0	12:26	1.3	5:53	8:07	
5	Thu	7:20	6.4	7:44	7.7	1:33	0.9	1:30	1.3	5:54	8:06	
6	Fri	8:31	6.7	8:50	7.9	2:43	0.7	2:39	1.0	5:55	8:05	
7	Sat	9:36	7.1	9:51	8.3	3:43	0.3	3:44	0.6	5:56	8:03	
8	Sun	10:31	7.7	10:45	8.7	4:34	-0.2	4:42	0.1	5:57	8:02	
9	Mon	11:20	8.3	11:36	8.9	5:21	-0.6	5:35	-0.4	5:58	8:01	
10	Tue			12:07	8.8	6:06	-0.9	6:26	-0.8	5:59	8:00	
11	Wed	12:26	9.1	12:54	9.2	6:51	-1.1	7:16	-1.0	6:00	7:58	
12	Thu	1:16	9.1	1:42	9.4	7:36	-1.2	8:07	-1.1	6:01	7:57	
13	Fri	2:06	8.9	2:31	9.4	8:22	-1.0	8:59	-1.0	6:02	7:56	
14	Sat	2:57	8.6	3:23	9.2	9:12	-0.7	9:56	-0.6	6:03	7:54	
15	Sun	3:52	8.1	4:19	8.8	10:07	-0.3	11:00	-0.3	6:04	7:53	
16	Mon	4:55	7.6	5:24	8.4	11:12	0.2			6:05	7:51	
17	Tue	6:08	7.2	6:36	8.0	12:10	0.1	12:25	0.6	6:06	7:50	
18	Wed	7:23	6.9	7:49	7.8	1:20	0.3	1:38	0.8	6:07	7:49	
19	Thu	8:33	6.9	8:55	7.7	2:26	0.3	2:44	0.9	6:08	7:47	
20	Fri	9:34	7.0	9:52	7.8	3:25	0.3	3:43	0.8	6:09	7:46	
21	Sat	10:26	7.2	10:41	7.8	4:17	0.2	4:35	0.7	6:10	7:44	
22	Sun	11:11	7.4	11:24	7.8	5:04	0.1	5:21	0.6	6:11	7:43	
23	Mon	11:49	7.5			5:46	0.1	6:02	0.5	6:12	7:41	
24	Tue	12:01	7.7	12:22	7.6	6:23	0.2	6:37	0.5	6:13	7:40	
25	Wed	12:31	7.7	12:46	7.6	6:52	0.3	7:06	0.4	6:14	7:38	
26	Thu	12:53	7.6	1:05	7.8	7:14	0.4	7:28	0.4	6:15	7:37	
27	Fri	1:16	7.6	1:29	7.9	7:32	0.5	7:53	0.4	6:16	7:35	
28	Sat	1:46	7.5	2:02	8.0	7:58	0.5	8:25	0.4	6:17	7:33	
29	Sun	2:23	7.4	2:41	8.0	8:32	0.6	9:04	0.5	6:18	7:32	
30	Mon	3:04	7.2	3:24	7.9	9:12	0.8	9:49	0.7	6:19	7:30	
31	Tue	3:51	7.0	4:13	7.8	9:59	1.0	10:42	0.9	6:20	7:29	