


































Glen Cove, Hempstead Harbor, NY - Jan 2016

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 4:01 | 6.9 | 4:16 | 6.4 | 10:46 | 0.7 | 10:55 | 0.6 | 7:18 | 4:37 |  |
| 2 | Sat | 4:55 | 6.8 | 5:20 | 6.2 | 11:49 | 0.7 | 11:54 | 0.8 | 7:19 | 4:37 |  |
| 3 | Sun | 5:54 | 6.8 | 6:33 | 6.1 | | | 12:50 | 0.6 | 7:19 | 4:38 |  |
| 4 | Mon | 6:56 | 6.9 | 7:40 | 6.1 | 12:54 | 0.9 | 1:46 | 0.5 | 7:19 | 4:39 |  |
| 5 | Tue | 7:51 | 7.0 | 8:34 | 6.2 | 1:50 | 0.8 | 2:38 | 0.3 | 7:19 | 4:40 |  |
| 6 | Wed | 8:37 | 7.2 | 9:18 | 6.4 | 2:39 | 0.8 | 3:23 | 0.0 | 7:19 | 4:41 |  |
| 7 | Thu | 9:14 | 7.4 | 9:54 | 6.7 | 3:21 | 0.6 | 4:03 | -0.2 | 7:19 | 4:42 |  |
| 8 | Fri | 9:49 | 7.7 | 10:26 | 6.9 | 3:56 | 0.4 | 4:37 | -0.4 | 7:18 | 4:43 |  |
| 9 | Sat | 10:25 | 7.9 | 10:59 | 7.3 | 4:30 | 0.2 | 5:08 | -0.7 | 7:18 | 4:44 |  |
| 10 | Sun | 11:04 | 8.2 | 11:37 | 7.6 | 5:07 | -0.1 | 5:41 | -0.9 | 7:18 | 4:45 |  |
| 11 | Mon | 11:47 | 8.3 | | | 5:47 | -0.4 | 6:18 | -1.1 | 7:18 | 4:46 |  |
| 12 | Tue | 12:19 | 7.9 | 12:33 | 8.4 | 6:31 | -0.6 | 6:59 | -1.2 | 7:18 | 4:47 |  |
| 13 | Wed | 1:04 | 8.2 | 1:21 | 8.3 | 7:19 | -0.7 | 7:44 | -1.2 | 7:17 | 4:48 |  |
| 14 | Thu | 1:52 | 8.3 | 2:12 | 8.1 | 8:11 | -0.7 | 8:34 | -1.0 | 7:17 | 4:49 |  |
| 15 | Fri | 2:45 | 8.3 | 3:08 | 7.8 | 9:09 | -0.6 | 9:30 | -0.8 | 7:16 | 4:50 |  |
| 16 | Sat | 3:42 | 8.3 | 4:10 | 7.4 | 10:17 | -0.5 | 10:33 | -0.5 | 7:16 | 4:52 |  |
| 17 | Sun | 4:46 | 8.1 | 5:22 | 7.1 | 11:33 | -0.5 | 11:46 | -0.3 | 7:16 | 4:53 |  |
| 18 | Mon | 5:59 | 8.0 | 6:45 | 7.0 | | | 12:49 | -0.5 | 7:15 | 4:54 |  |
| 19 | Tue | 7:15 | 8.0 | 8:01 | 7.1 | 1:02 | -0.2 | 1:58 | -0.7 | 7:15 | 4:55 |  |
| 20 | Wed | 8:23 | 8.1 | 9:03 | 7.3 | 2:13 | -0.3 | 2:58 | -0.9 | 7:14 | 4:56 |  |
| 21 | Thu | 9:21 | 8.2 | 9:58 | 7.4 | 3:13 | -0.4 | 3:53 | -1.1 | 7:13 | 4:57 |  |
| 22 | Fri | 10:13 | 8.3 | 10:47 | 7.6 | 4:08 | -0.5 | 4:43 | -1.2 | 7:13 | 4:59 |  |
| 23 | Sat | 11:00 | 8.2 | 11:33 | 7.6 | 4:58 | -0.5 | 5:29 | -1.2 | 7:12 | 5:00 |  |
| 24 | Sun | 11:43 | 8.1 | | | 5:44 | -0.5 | 6:11 | -1.0 | 7:11 | 5:01 |  |
| 25 | Mon | 12:13 | 7.6 | 12:20 | 7.9 | 6:25 | -0.4 | 6:49 | -0.8 | 7:11 | 5:02 |  |
| 26 | Tue | 12:49 | 7.5 | 12:53 | 7.6 | 7:03 | -0.2 | 7:22 | -0.6 | 7:10 | 5:03 |  |
| 27 | Wed | 1:20 | 7.4 | 1:23 | 7.4 | 7:37 | -0.1 | 7:51 | -0.3 | 7:09 | 5:05 |  |
| 28 | Thu | 1:49 | 7.3 | 1:56 | 7.1 | 8:10 | 0.1 | 8:21 | 0.0 | 7:08 | 5:06 |  |
| 29 | Fri | 2:22 | 7.2 | 2:35 | 6.8 | 8:48 | 0.3 | 8:58 | 0.2 | 7:07 | 5:07 |  |
| 30 | Sat | 3:02 | 7.1 | 3:20 | 6.5 | 9:34 | 0.5 | 9:42 | 0.5 | 7:06 | 5:08 |  |
| 31 | Sun | 3:48 | 7.0 | 4:11 | 6.3 | 10:30 | 0.7 | 10:33 | 0.8 | 7:06 | 5:09 |  |