





























Glen Cove, Hempstead Harbor, NY - Mar 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:52	7.1	4:22	6.3	10:27	0.7	10:38	1.0	6:27	5:46	
2	Wed	4:46	6.9	5:21	6.2	11:32	0.8	11:40	1.1	6:25	5:47	
3	Thu	5:46	6.9	6:28	6.2			12:45	0.7	6:24	5:48	
4	Fri	6:52	7.0	7:40	6.5	12:50	1.0	1:54	0.4	6:22	5:49	
5	Sat	7:58	7.3	8:39	7.0	2:00	0.7	2:48	0.1	6:21	5:50	
6	Sun	8:55	7.7	9:27	7.5	2:57	0.2	3:33	-0.3	6:19	5:51	
7	Mon	9:44	8.1	10:11	8.1	3:46	-0.3	4:14	-0.8	6:18	5:52	
8	Tue	10:31	8.5	10:55	8.6	4:32	-0.8	4:55	-1.1	6:16	5:54	
9	Wed	11:17	8.7	11:40	9.1	5:18	-1.3	5:38	-1.4	6:14	5:55	
10	Thu			12:04	8.8	6:05	-1.6	6:22	-1.5	6:13	5:56	
11	Fri	12:27	9.3	12:52	8.8	6:52	-1.7	7:08	-1.4	6:11	5:57	
12	Sat	1:15	9.3	1:43	8.5	7:43	-1.5	7:58	-1.2	6:09	5:58	
13	Sun	3:06	9.0	3:38	8.1	9:38	-1.2	9:54	-0.7	7:08	6:59	
14	Mon	4:03	8.6	4:41	7.7	10:43	-0.8	11:01	-0.3	7:06	7:00	
15	Tue	5:09	8.2	5:56	7.3	11:57	-0.4			7:04	7:01	
16	Wed	6:27	7.8	7:17	7.1	12:21	0.1	1:12	-0.2	7:03	7:02	
17	Thu	7:46	7.6	8:29	7.1	1:38	0.2	2:20	-0.2	7:01	7:03	
18	Fri	8:55	7.6	9:31	7.3	2:46	0.1	3:21	-0.3	7:00	7:04	
19	Sat	9:54	7.7	10:24	7.5	3:45	0.0	4:15	-0.4	6:58	7:06	
20	Sun	10:45	7.7	11:10	7.6	4:38	-0.2	5:03	-0.4	6:56	7:07	
21	Mon	11:29	7.7	11:50	7.7	5:25	-0.3	5:47	-0.4	6:55	7:08	
22	Tue			12:09	7.6	6:08	-0.3	6:26	-0.2	6:53	7:09	
23	Wed	12:25	7.7	12:42	7.5	6:45	-0.3	6:58	-0.1	6:51	7:10	
24	Thu	12:52	7.7	1:07	7.4	7:17	-0.2	7:23	0.1	6:50	7:11	
25	Fri	1:11	7.7	1:27	7.3	7:41	-0.1	7:41	0.2	6:48	7:12	
26	Sat	1:33	7.7	1:53	7.3	8:02	0.0	8:05	0.3	6:46	7:13	
27	Sun	2:05	7.7	2:28	7.2	8:31	0.1	8:39	0.5	6:45	7:14	
28	Mon	2:44	7.7	3:09	7.1	9:08	0.2	9:19	0.6	6:43	7:15	
29	Tue	3:27	7.5	3:56	6.9	9:53	0.4	10:06	0.8	6:41	7:16	
30	Wed	4:16	7.4	4:48	6.7	10:45	0.6	11:01	1.0	6:40	7:17	
31	Thu	5:10	7.2	5:45	6.6	11:44	0.7			6:38	7:18	