

































Glen Cove, Hempstead Harbor, NY - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:14	6.8	3:23	6.6	9:42	0.9	9:58	0.6	7:18	4:37	
2	Thu	4:01	6.7	4:17	6.3	10:44	0.9	10:50	0.8	7:19	4:37	
3	Fri	4:53	6.7	5:17	6.1	11:48	0.9	11:46	0.9	7:19	4:38	
4	Sat	5:48	6.8	6:25	6.0			12:50	0.7	7:19	4:39	
5	Sun	6:46	6.9	7:33	6.0	12:44	1.0	1:47	0.5	7:19	4:40	
6	Mon	7:40	7.0	8:28	6.2	1:39	1.0	2:38	0.3	7:19	4:41	
7	Tue	8:27	7.3	9:13	6.4	2:27	0.8	3:22	0.0	7:19	4:42	
8	Wed	9:10	7.6	9:52	6.7	3:10	0.7	4:02	-0.3	7:18	4:43	
9	Thu	9:51	7.9	10:30	7.0	3:51	0.4	4:39	-0.6	7:18	4:44	
10	Fri	10:34	8.2	11:11	7.3	4:32	0.1	5:16	-0.9	7:18	4:45	
11	Sat	11:19	8.4	11:54	7.6	5:16	-0.2	5:56	-1.1	7:18	4:46	
12	Sun			12:05	8.5	6:03	-0.5	6:38	-1.3	7:17	4:47	
13	Mon	12:40	7.9	12:54	8.5	6:52	-0.6	7:23	-1.3	7:17	4:48	
14	Tue	1:29	8.1	1:46	8.3	7:44	-0.7	8:11	-1.2	7:17	4:49	
15	Wed	2:21	8.2	2:41	8.0	8:41	-0.7	9:05	-0.9	7:16	4:50	
16	Thu	3:17	8.2	3:42	7.6	9:47	-0.6	10:05	-0.6	7:16	4:52	
17	Fri	4:18	8.1	4:50	7.2	10:59	-0.5	11:13	-0.3	7:16	4:53	
18	Sat	5:26	8.0	6:08	6.9			12:12	-0.5	7:15	4:54	
19	Sun	6:38	8.0	7:24	6.8	12:25	-0.1	1:22	-0.5	7:15	4:55	
20	Mon	7:47	8.0	8:31	6.9	1:35	0.0	2:25	-0.7	7:14	4:56	
21	Tue	8:49	8.0	9:28	7.0	2:38	-0.1	3:22	-0.8	7:13	4:57	
22	Wed	9:42	8.0	10:19	7.1	3:35	-0.1	4:14	-0.9	7:13	4:59	
23	Thu	10:31	8.0	11:06	7.1	4:26	-0.1	5:01	-0.9	7:12	5:00	
24	Fri	11:14	7.8	11:48	7.1	5:13	-0.1	5:45	-0.8	7:11	5:01	
25	Sat	11:53	7.7			5:56	0.0	6:24	-0.6	7:11	5:02	
26	Sun	12:25	7.1	12:25	7.5	6:33	0.1	6:58	-0.4	7:10	5:03	
27	Mon	12:56	7.1	12:54	7.3	7:06	0.2	7:26	-0.2	7:09	5:05	
28	Tue	1:22	7.1	1:24	7.2	7:36	0.3	7:52	0.0	7:08	5:06	
29	Wed	1:50	7.1	2:00	7.0	8:09	0.4	8:22	0.2	7:07	5:07	
30	Thu	2:26	7.1	2:41	6.7	8:49	0.5	9:00	0.4	7:06	5:08	
31	Fri	3:07	7.0	3:28	6.4	9:36	0.6	9:45	0.6	7:05	5:10	