

































Glen Cove, Hempstead Harbor, NY - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:13	7.7	7:52	6.7	12:59	0.1	1:46	-0.3	7:18	4:37	
2	Mon	8:11	7.7	8:49	6.7	1:59	0.3	2:42	-0.4	7:19	4:38	
3	Tue	9:03	7.6	9:40	6.6	2:54	0.4	3:34	-0.4	7:19	4:39	
4	Wed	9:49	7.6	10:26	6.6	3:44	0.4	4:21	-0.4	7:19	4:39	
5	Thu	10:31	7.5	11:07	6.6	4:29	0.5	5:05	-0.3	7:19	4:40	
6	Fri	11:06	7.4	11:43	6.5	5:10	0.6	5:44	-0.3	7:19	4:41	
7	Sat	11:36	7.3			5:45	0.7	6:17	-0.2	7:18	4:42	
8	Sun	12:13	6.6	12:02	7.3	6:14	0.7	6:45	-0.1	7:18	4:43	
9	Mon	12:37	6.6	12:32	7.2	6:41	0.7	7:08	0.0	7:18	4:44	
10	Tue	1:04	6.8	1:07	7.1	7:12	0.6	7:35	0.0	7:18	4:45	
11	Wed	1:38	6.9	1:47	7.0	7:50	0.6	8:10	0.1	7:18	4:46	
12	Thu	2:17	7.0	2:32	6.8	8:33	0.6	8:50	0.3	7:17	4:47	
13	Fri	3:01	7.1	3:20	6.6	9:22	0.6	9:35	0.4	7:17	4:49	
14	Sat	3:48	7.2	4:13	6.4	10:16	0.5	10:26	0.6	7:17	4:50	
15	Sun	4:40	7.2	5:09	6.2	11:16	0.5	11:21	0.7	7:16	4:51	
16	Mon	5:35	7.3	6:11	6.2			12:20	0.3	7:16	4:52	
17	Tue	6:35	7.5	7:19	6.3	12:20	0.7	1:29	0.1	7:15	4:53	
18	Wed	7:38	7.8	8:27	6.5	1:24	0.6	2:33	-0.3	7:15	4:54	
19	Thu	8:40	8.1	9:27	6.9	2:28	0.3	3:31	-0.7	7:14	4:55	
20	Fri	9:38	8.4	10:21	7.4	3:30	-0.1	4:23	-1.1	7:14	4:56	
21	Sat	10:33	8.7	11:13	7.8	4:27	-0.5	5:13	-1.4	7:13	4:58	
22	Sun	11:26	8.8			5:23	-0.8	6:01	-1.6	7:13	4:59	
23	Mon	12:04	8.2	12:19	8.7	6:17	-1.0	6:48	-1.6	7:12	5:00	
24	Tue	12:54	8.4	1:10	8.5	7:10	-1.1	7:36	-1.5	7:11	5:01	
25	Wed	1:44	8.5	2:03	8.2	8:04	-1.0	8:25	-1.2	7:10	5:02	
26	Thu	2:35	8.4	2:58	7.7	9:01	-0.8	9:18	-0.8	7:10	5:04	
27	Fri	3:29	8.2	3:57	7.2	10:03	-0.5	10:16	-0.3	7:09	5:05	
28	Sat	4:28	7.8	5:03	6.7	11:08	-0.3	11:20	0.1	7:08	5:06	
29	Sun	5:31	7.5	6:13	6.4			12:13	-0.1	7:07	5:07	
30	Mon	6:37	7.3	7:22	6.2	12:26	0.5	1:17	0.0	7:06	5:09	
31	Tue	7:42	7.1	8:24	6.2	1:30	0.7	2:17	0.0	7:05	5:10	