

































Glen Cove, Hempstead Harbor, NY - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:26	6.8	2:34	6.7	8:45	0.8	9:02	0.5	7:18	4:37	
2	Tue	3:08	6.8	3:22	6.4	9:35	0.9	9:46	0.7	7:19	4:37	
3	Wed	3:53	6.8	4:14	6.2	10:32	0.9	10:34	0.9	7:19	4:38	
4	Thu	4:43	6.8	5:10	6.0	11:33	0.9	11:27	1.0	7:19	4:39	
5	Fri	5:35	6.8	6:12	5.9			12:36	0.8	7:19	4:40	
6	Sat	6:31	6.9	7:18	5.9	12:22	1.1	1:36	0.5	7:19	4:41	
7	Sun	7:27	7.1	8:18	6.0	1:19	1.1	2:30	0.3	7:18	4:42	
8	Mon	8:21	7.4	9:09	6.3	2:14	0.9	3:18	-0.1	7:18	4:43	
9	Tue	9:11	7.8	9:55	6.7	3:05	0.7	4:02	-0.4	7:18	4:44	
10	Wed	9:58	8.1	10:39	7.1	3:53	0.3	4:45	-0.7	7:18	4:45	
11	Thu	10:46	8.3	11:25	7.5	4:42	0.0	5:27	-1.0	7:18	4:46	
12	Fri	11:34	8.5			5:31	-0.4	6:10	-1.2	7:17	4:47	
13	Sat	12:11	7.9	12:24	8.5	6:22	-0.7	6:54	-1.4	7:17	4:48	
14	Sun	12:59	8.2	1:15	8.4	7:14	-0.8	7:40	-1.3	7:17	4:49	
15	Mon	1:49	8.4	2:08	8.1	8:08	-0.8	8:30	-1.1	7:16	4:50	
16	Tue	2:42	8.4	3:05	7.7	9:08	-0.7	9:25	-0.8	7:16	4:52	
17	Wed	3:39	8.3	4:08	7.3	10:15	-0.6	10:27	-0.4	7:16	4:53	
18	Thu	4:41	8.1	5:19	6.9	11:25	-0.4	11:34	-0.1	7:15	4:54	
19	Fri	5:49	7.9	6:34	6.6			12:35	-0.4	7:14	4:55	
20	Sat	7:00	7.7	7:47	6.5	12:45	0.2	1:41	-0.4	7:14	4:56	
21	Sun	8:06	7.7	8:50	6.6	1:54	0.3	2:42	-0.4	7:13	4:57	
22	Mon	9:05	7.6	9:45	6.7	2:55	0.3	3:37	-0.5	7:13	4:59	
23	Tue	9:56	7.6	10:33	6.7	3:50	0.3	4:27	-0.5	7:12	5:00	
24	Wed	10:42	7.6	11:17	6.8	4:39	0.3	5:13	-0.5	7:11	5:01	
25	Thu	11:22	7.5	11:55	6.8	5:23	0.3	5:53	-0.4	7:11	5:02	
26	Fri	11:57	7.4			6:02	0.3	6:28	-0.3	7:10	5:03	
27	Sat	12:27	6.9	12:25	7.2	6:35	0.3	6:56	-0.2	7:09	5:05	
28	Sun	12:53	6.9	12:52	7.1	7:04	0.3	7:19	-0.1	7:08	5:06	
29	Mon	1:16	7.0	1:23	7.0	7:32	0.3	7:44	0.1	7:07	5:07	
30	Tue	1:47	7.1	2:00	6.8	8:06	0.4	8:16	0.2	7:06	5:08	
31	Wed	2:23	7.2	2:41	6.6	8:46	0.4	8:54	0.5	7:05	5:10	