


























## Glen Cove, Hempstead Harbor, NY - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:26	7.5	2:52	6.6	8:51	0.3	8:59	0.7	6:27	5:46	
2	Sat	3:13	7.4	3:42	6.3	9:41	0.5	9:49	0.9	6:25	5:47	
3	Sun	4:05	7.2	4:39	6.1	10:41	0.7	10:48	1.1	6:24	5:48	
4	Mon	5:04	7.1	5:44	6.0	11:50	0.7	11:56	1.1	6:22	5:49	
5	Tue	6:10	7.1	7:01	6.2			1:09	0.6	6:21	5:50	
6	Wed	7:24	7.3	8:16	6.7	1:14	0.9	2:19	0.2	6:19	5:51	
7	Thu	8:34	7.7	9:14	7.3	2:28	0.4	3:14	-0.3	6:17	5:52	
8	Fri	9:32	8.1	10:03	8.0	3:29	-0.2	4:02	-0.8	6:16	5:54	
9	Sat	10:23	8.4	10:49	8.6	4:22	-0.8	4:47	-1.1	6:14	5:55	
10	Sun			12:12	8.7	6:11	-1.3	6:30	-1.4	7:13	6:56	
11	Mon	12:34	9.1	12:59	8.7	6:59	-1.6	7:14	-1.4	7:11	6:57	
12	Tue	1:19	9.3	1:46	8.6	7:46	-1.7	7:58	-1.3	7:09	6:58	
13	Wed	2:05	9.2	2:34	8.2	8:34	-1.5	8:44	-0.9	7:08	6:59	
14	Thu	2:53	8.9	3:24	7.8	9:25	-1.1	9:35	-0.4	7:06	7:00	
15	Fri	3:44	8.5	4:21	7.2	10:24	-0.6	10:33	0.1	7:04	7:01	
16	Sat	4:43	7.9	5:29	6.7	11:31	-0.1	11:46	0.6	7:03	7:02	
17	Sun	5:53	7.4	6:47	6.4			12:44	0.3	7:01	7:03	
18	Mon	7:13	7.0	8:03	6.3	1:04	0.9	1:54	0.4	6:59	7:05	
19	Tue	8:27	7.0	9:08	6.5	2:16	0.9	2:57	0.4	6:58	7:06	
20	Wed	9:28	7.0	10:02	6.8	3:19	0.8	3:52	0.3	6:56	7:07	
21	Thu	10:20	7.2	10:47	7.0	4:13	0.6	4:40	0.2	6:54	7:08	
22	Fri	11:04	7.2	11:26	7.2	5:00	0.4	5:22	0.1	6:53	7:09	
23	Sat	11:42	7.3	11:59	7.4	5:41	0.2	5:59	0.1	6:51	7:10	
24	Sun			12:14	7.3	6:17	0.1	6:29	0.2	6:49	7:11	
25	Mon	12:23	7.5	12:39	7.2	6:47	0.0	6:51	0.3	6:48	7:12	
26	Tue	12:42	7.6	1:00	7.2	7:11	0.0	7:09	0.4	6:46	7:13	
27	Wed	1:05	7.7	1:27	7.2	7:33	-0.1	7:34	0.4	6:44	7:14	
28	Thu	1:36	7.8	2:01	7.1	8:02	-0.1	8:06	0.5	6:43	7:15	
29	Fri	2:13	7.9	2:40	7.0	8:38	0.0	8:44	0.6	6:41	7:16	
30	Sat	2:55	7.8	3:25	6.8	9:21	0.2	9:29	0.8	6:39	7:17	
31	Sun	3:42	7.6	4:16	6.6	10:11	0.4	10:22	1.0	6:38	7:18	