

































Glen Cove, Hempstead Harbor, NY - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:57	8.0	10:27	7.8	3:51	-0.3	4:21	-0.8	6:28	5:45	
2	Mon	10:46	8.1	11:12	8.1	4:42	-0.6	5:07	-0.9	6:26	5:46	
3	Tue	11:30	8.1	11:51	8.2	5:28	-0.8	5:48	-0.9	6:25	5:47	
4	Wed			12:10	7.9	6:11	-0.8	6:25	-0.7	6:23	5:49	
5	Thu	12:27	8.1	12:46	7.7	6:49	-0.7	6:58	-0.4	6:21	5:50	
6	Fri	12:58	8.0	1:18	7.4	7:24	-0.5	7:28	-0.1	6:20	5:51	
7	Sat	1:28	7.8	1:49	7.1	7:58	-0.2	7:58	0.3	6:18	5:52	
8	Sun	3:01	7.6	3:25	6.7	9:34	0.1	9:34	0.6	7:17	6:53	
9	Mon	3:40	7.3	4:07	6.4	10:18	0.5	10:18	1.0	7:15	6:54	
10	Tue	4:25	7.0	4:58	6.0	11:14	0.8	11:12	1.3	7:13	6:55	
11	Wed	5:19	6.7	6:02	5.7			12:27	1.1	7:12	6:56	
12	Thu	6:23	6.5	7:31	5.7	12:22	1.6	1:44	1.1	7:10	6:57	
13	Fri	7:45	6.4	8:48	5.9	1:51	1.6	2:48	0.9	7:08	6:59	
14	Sat	8:59	6.6	9:41	6.3	3:01	1.3	3:40	0.7	7:07	7:00	
15	Sun	9:50	6.9	10:21	6.8	3:54	1.0	4:23	0.4	7:05	7:01	
16	Mon	10:31	7.2	10:53	7.3	4:37	0.5	4:58	0.2	7:04	7:02	
17	Tue	11:07	7.5	11:24	7.8	5:14	0.1	5:28	-0.1	7:02	7:03	
18	Wed	11:42	7.8	11:57	8.3	5:48	-0.3	5:58	-0.3	7:00	7:04	
19	Thu			12:19	8.0	6:23	-0.7	6:32	-0.5	6:59	7:05	
20	Fri	12:34	8.7	1:00	8.1	7:01	-1.0	7:09	-0.7	6:57	7:06	
21	Sat	1:15	8.9	1:43	8.1	7:43	-1.2	7:51	-0.7	6:55	7:07	
22	Sun	2:00	9.0	2:30	7.9	8:28	-1.1	8:37	-0.5	6:54	7:08	
23	Mon	2:49	8.8	3:21	7.6	9:19	-0.8	9:29	-0.2	6:52	7:09	
24	Tue	3:43	8.5	4:19	7.2	10:19	-0.4	10:31	0.2	6:50	7:10	
25	Wed	4:45	8.0	5:31	6.9	11:33	0.0	11:50	0.6	6:49	7:11	
26	Thu	6:00	7.6	7:00	6.8			12:56	0.1	6:47	7:13	
27	Fri	7:30	7.4	8:21	7.0	1:22	0.6	2:12	0.1	6:45	7:14	
28	Sat	8:48	7.5	9:26	7.4	2:40	0.4	3:16	-0.1	6:44	7:15	
29	Sun	9:51	7.7	10:20	7.8	3:43	0.0	4:11	-0.3	6:42	7:16	
30	Mon	10:44	7.8	11:07	8.1	4:38	-0.4	5:00	-0.4	6:40	7:17	
31	Tue	11:30	7.9	11:48	8.2	5:26	-0.6	5:44	-0.4	6:39	7:18	