

































Glen Cove, Hempstead Harbor, NY - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:27	7.3	6:27	-0.3	6:31	0.5	5:52	7:50	
2	Sat	12:26	8.0	12:58	7.1	7:01	-0.2	6:59	0.7	5:51	7:52	
3	Sun	12:50	7.9	1:23	7.0	7:31	0.0	7:23	0.9	5:49	7:53	
4	Mon	1:17	7.8	1:50	6.9	7:58	0.2	7:52	1.0	5:48	7:54	
5	Tue	1:51	7.7	2:24	6.8	8:28	0.4	8:27	1.2	5:47	7:55	
6	Wed	2:31	7.5	3:05	6.7	9:04	0.6	9:10	1.3	5:46	7:56	
7	Thu	3:15	7.3	3:52	6.6	9:49	0.8	10:01	1.5	5:45	7:57	
8	Fri	4:06	7.1	4:45	6.6	10:40	0.9	11:01	1.5	5:43	7:58	
9	Sat	5:01	6.9	5:42	6.7	11:37	1.0			5:42	7:59	
10	Sun	6:01	6.7	6:40	6.9	12:09	1.4	12:36	1.1	5:41	8:00	
11	Mon	7:05	6.7	7:38	7.3	1:17	1.2	1:33	1.0	5:40	8:01	
12	Tue	8:10	6.9	8:33	7.8	2:20	0.7	2:26	0.8	5:39	8:02	
13	Wed	9:08	7.1	9:23	8.3	3:15	0.2	3:16	0.5	5:38	8:03	
14	Thu	9:59	7.5	10:10	8.7	4:04	-0.2	4:04	0.2	5:37	8:04	
15	Fri	10:47	7.7	10:57	9.1	4:50	-0.7	4:50	0.0	5:36	8:05	
16	Sat	11:35	8.0	11:45	9.3	5:37	-1.0	5:38	-0.2	5:35	8:06	
17	Sun			12:23	8.1	6:25	-1.2	6:28	-0.3	5:34	8:07	
18	Mon	12:36	9.4	1:15	8.2	7:14	-1.2	7:21	-0.3	5:34	8:08	
19	Tue	1:28	9.2	2:08	8.1	8:06	-1.1	8:16	-0.2	5:33	8:09	
20	Wed	2:23	8.9	3:06	8.0	9:01	-0.8	9:18	0.0	5:32	8:09	
21	Thu	3:22	8.5	4:10	7.9	10:01	-0.5	10:29	0.3	5:31	8:10	
22	Fri	4:29	8.0	5:19	7.8	11:08	-0.2	11:45	0.4	5:30	8:11	
23	Sat	5:43	7.6	6:27	7.8			12:15	0.0	5:30	8:12	
24	Sun	6:56	7.3	7:32	7.9	12:56	0.3	1:18	0.2	5:29	8:13	
25	Mon	8:03	7.2	8:31	8.0	1:59	0.2	2:18	0.3	5:28	8:14	
26	Tue	9:04	7.2	9:24	8.0	2:58	0.0	3:13	0.4	5:28	8:15	
27	Wed	9:57	7.2	10:11	8.0	3:51	-0.1	4:03	0.5	5:27	8:16	
28	Thu	10:45	7.1	10:53	8.0	4:39	-0.1	4:49	0.7	5:26	8:16	
29	Fri	11:27	7.1	11:29	7.9	5:23	-0.1	5:30	0.8	5:26	8:17	
30	Sat			12:05	7.0	6:04	0.0	6:07	1.0	5:25	8:18	
31	Sun	12:00	7.8	12:39	6.9	6:41	0.1	6:37	1.1	5:25	8:19	