



## Glen Cove, Hempstead Harbor, NY - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:36	7.6	1:14	7.0	7:23	0.3	7:17	1.1	5:26	8:30	☉
2	Thu	1:08	7.7	1:43	7.1	7:47	0.3	7:49	1.0	5:27	8:30	☉
3	Fri	1:45	7.7	2:17	7.4	8:15	0.3	8:28	0.9	5:27	8:29	☉
4	Sat	2:26	7.6	2:57	7.6	8:49	0.3	9:11	0.8	5:28	8:29	☾
5	Sun	3:11	7.5	3:41	7.8	9:30	0.3	10:00	0.7	5:29	8:29	☾
6	Mon	4:00	7.3	4:29	7.9	10:15	0.4	10:54	0.6	5:29	8:29	☾
7	Tue	4:52	7.2	5:21	8.0	11:06	0.6	11:54	0.5	5:30	8:28	☾
8	Wed	5:49	7.0	6:16	8.1			12:01	0.7	5:30	8:28	☾
9	Thu	6:51	6.9	7:17	8.3	12:58	0.4	1:00	0.7	5:31	8:28	☾
10	Fri	7:59	6.9	8:22	8.4	2:07	0.2	2:05	0.7	5:32	8:27	☾
11	Sat	9:10	7.1	9:27	8.7	3:15	-0.1	3:13	0.5	5:33	8:27	☾
12	Sun	10:15	7.4	10:28	8.9	4:17	-0.4	4:18	0.2	5:33	8:26	☾
13	Mon	11:13	7.8	11:25	9.0	5:13	-0.7	5:19	-0.1	5:34	8:26	☾
14	Tue			12:07	8.1	6:06	-0.9	6:17	-0.3	5:35	8:25	☾
15	Wed	12:20	9.0	12:59	8.4	6:56	-1.1	7:11	-0.4	5:36	8:25	☾
16	Thu	1:13	8.9	1:49	8.5	7:44	-1.0	8:04	-0.4	5:36	8:24	☾
17	Fri	2:04	8.7	2:38	8.6	8:30	-0.9	8:56	-0.3	5:37	8:23	☾
18	Sat	2:54	8.3	3:27	8.5	9:17	-0.5	9:51	-0.1	5:38	8:23	☾
19	Sun	3:46	7.9	4:17	8.2	10:07	-0.1	10:48	0.1	5:39	8:22	☾
20	Mon	4:41	7.4	5:10	8.0	11:00	0.3	11:48	0.4	5:40	8:21	☾
21	Tue	5:41	7.0	6:07	7.7	11:58	0.7			5:41	8:21	☾
22	Wed	6:45	6.6	7:07	7.5	12:49	0.6	12:58	1.1	5:41	8:20	☾
23	Thu	7:51	6.4	8:09	7.3	1:50	0.7	2:00	1.3	5:42	8:19	☾
24	Fri	8:54	6.4	9:08	7.3	2:49	0.7	2:59	1.4	5:43	8:18	☾
25	Sat	9:49	6.4	9:59	7.4	3:44	0.6	3:53	1.3	5:44	8:17	☉
26	Sun	10:38	6.6	10:43	7.5	4:33	0.5	4:41	1.3	5:45	8:16	☉
27	Mon	11:20	6.7	11:21	7.6	5:18	0.4	5:24	1.2	5:46	8:15	☉
28	Tue	11:56	6.9	11:52	7.6	5:57	0.3	6:01	1.1	5:47	8:14	☉
29	Wed			12:26	7.1	6:31	0.3	6:31	0.9	5:48	8:13	☉
30	Thu	12:19	7.7	12:49	7.3	6:57	0.2	6:59	0.7	5:49	8:12	☉
31	Fri	12:49	7.8	1:16	7.6	7:19	0.2	7:29	0.5	5:50	8:11	☉