
































## Glen Cove, Hempstead Harbor, NY - Nov 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:06	8.0	4:29	8.2	10:27	0.1	11:12	-0.2	7:25	5:50	
2	Sat	5:20	7.8	5:48	7.8	11:49	0.3			7:26	5:49	
3	Sun	5:36	7.8	6:07	7.5	12:26	0.0	12:05	0.2	6:27	4:48	
4	Mon	6:45	7.9	7:17	7.5	12:33	0.0	1:12	0.0	6:29	4:47	
5	Tue	7:47	8.1	8:18	7.6	1:35	0.0	2:11	-0.2	6:30	4:46	
6	Wed	8:40	8.2	9:11	7.6	2:30	0.0	3:04	-0.4	6:31	4:45	
7	Thu	9:27	8.3	9:58	7.6	3:20	0.0	3:52	-0.5	6:32	4:44	
8	Fri	10:10	8.3	10:40	7.5	4:06	0.1	4:37	-0.5	6:33	4:42	
9	Sat	10:46	8.1	11:18	7.4	4:47	0.3	5:17	-0.4	6:34	4:41	
10	Sun	11:17	8.0	11:50	7.2	5:23	0.5	5:53	-0.2	6:36	4:40	
11	Mon	11:41	7.9			5:53	0.7	6:24	0.0	6:37	4:40	
12	Tue	12:14	7.1	12:06	7.8	6:17	0.8	6:49	0.1	6:38	4:39	
13	Wed	12:39	7.0	12:39	7.7	6:43	0.9	7:16	0.3	6:39	4:38	
14	Thu	1:11	7.0	1:18	7.5	7:18	1.0	7:50	0.4	6:40	4:37	
15	Fri	1:51	6.9	2:02	7.3	8:00	1.1	8:31	0.6	6:42	4:36	
16	Sat	2:37	6.9	2:51	7.1	8:50	1.2	9:19	0.7	6:43	4:35	
17	Sun	3:27	6.9	3:45	6.9	9:47	1.2	10:13	0.8	6:44	4:34	
18	Mon	4:21	7.0	4:43	6.7	10:51	1.1	11:10	0.9	6:45	4:34	
19	Tue	5:18	7.2	5:44	6.7	11:57	0.9			6:46	4:33	
20	Wed	6:15	7.5	6:48	6.8	12:07	0.8	1:02	0.5	6:47	4:32	
21	Thu	7:13	7.9	7:50	7.1	1:04	0.6	2:00	0.1	6:48	4:32	
22	Fri	8:07	8.3	8:45	7.4	1:59	0.3	2:51	-0.4	6:50	4:31	
23	Sat	8:58	8.7	9:35	7.7	2:50	0.0	3:39	-0.9	6:51	4:30	
24	Sun	9:47	9.1	10:24	8.0	3:40	-0.3	4:27	-1.2	6:52	4:30	
25	Mon	10:36	9.3	11:14	8.2	4:30	-0.6	5:15	-1.5	6:53	4:29	
26	Tue	11:27	9.4			5:21	-0.7	6:04	-1.5	6:54	4:29	
27	Wed	12:05	8.4	12:19	9.2	6:14	-0.8	6:55	-1.5	6:55	4:28	
28	Thu	12:58	8.4	1:13	8.9	7:10	-0.7	7:48	-1.2	6:56	4:28	
29	Fri	1:54	8.3	2:11	8.5	8:10	-0.5	8:46	-0.9	6:57	4:28	
30	Sat	2:55	8.1	3:16	8.0	9:18	-0.2	9:50	-0.6	6:58	4:27	