





























Glen Cove, Hempstead Harbor, NY - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:41	8.2	3:22	7.7	9:19	-0.3	9:38	0.5	5:24	8:20	
2	Thu	3:28	7.8	4:11	7.5	10:07	0.1	10:35	0.7	5:24	8:21	
3	Fri	4:19	7.4	5:05	7.3	11:01	0.4	11:37	0.9	5:24	8:21	
4	Sat	5:17	7.0	6:02	7.2	11:58	0.7			5:23	8:22	
5	Sun	6:23	6.8	7:00	7.2	12:39	1.0	12:55	0.9	5:23	8:23	
6	Mon	7:29	6.6	7:57	7.3	1:38	0.9	1:51	1.0	5:23	8:23	
7	Tue	8:31	6.6	8:49	7.4	2:34	0.8	2:45	1.0	5:22	8:24	
8	Wed	9:24	6.7	9:34	7.5	3:25	0.6	3:33	1.0	5:22	8:24	
9	Thu	10:10	6.8	10:12	7.7	4:12	0.4	4:16	1.0	5:22	8:25	
10	Fri	10:48	6.9	10:42	7.8	4:54	0.2	4:51	0.9	5:22	8:25	
11	Sat	11:20	7.1	11:12	8.0	5:30	0.1	5:21	0.8	5:22	8:26	
12	Sun	11:48	7.3	11:47	8.2	6:01	-0.1	5:52	0.6	5:22	8:26	
13	Mon			12:21	7.5	6:30	-0.2	6:28	0.5	5:22	8:27	
14	Tue	12:26	8.4	1:00	7.8	7:03	-0.4	7:08	0.3	5:22	8:27	
15	Wed	1:10	8.5	1:43	8.0	7:41	-0.5	7:53	0.1	5:22	8:28	
16	Thu	1:56	8.6	2:29	8.2	8:23	-0.6	8:43	0.0	5:22	8:28	
17	Fri	2:46	8.5	3:20	8.3	9:11	-0.5	9:38	0.0	5:22	8:28	
18	Sat	3:39	8.2	4:15	8.4	10:03	-0.4	10:40	0.1	5:22	8:29	
19	Sun	4:38	8.0	5:15	8.4	11:02	-0.2	11:50	0.0	5:22	8:29	
20	Mon	5:43	7.7	6:20	8.5			12:08	-0.1	5:22	8:29	
21	Tue	6:56	7.6	7:31	8.5	1:06	-0.1	1:18	0.0	5:23	8:29	
22	Wed	8:14	7.6	8:41	8.7	2:18	-0.3	2:29	0.0	5:23	8:30	
23	Thu	9:24	7.7	9:43	8.8	3:22	-0.5	3:34	-0.1	5:23	8:30	
24	Fri	10:23	7.8	10:38	8.9	4:20	-0.8	4:32	-0.1	5:24	8:30	
25	Sat	11:17	8.0	11:29	8.9	5:13	-0.9	5:25	-0.2	5:24	8:30	
26	Sun			12:06	8.0	6:03	-0.9	6:15	-0.1	5:24	8:30	
27	Mon	12:16	8.8	12:52	8.0	6:49	-0.9	7:02	0.0	5:25	8:30	
28	Tue	1:00	8.6	1:35	7.9	7:33	-0.7	7:46	0.1	5:25	8:30	
29	Wed	1:40	8.3	2:15	7.8	8:13	-0.4	8:27	0.3	5:26	8:30	
30	Thu	2:17	8.0	2:52	7.7	8:51	-0.2	9:08	0.5	5:26	8:30	