
































Glen Cove, Hempstead Harbor, NY - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:54	7.7	3:28	7.6	9:28	0.1	9:52	0.7	5:27	8:30	
2	Sat	3:34	7.4	4:08	7.5	10:07	0.5	10:42	0.9	5:27	8:30	
3	Sun	4:19	7.1	4:54	7.4	10:52	0.7	11:40	1.0	5:28	8:29	
4	Mon	5:11	6.8	5:44	7.3	11:43	1.0			5:28	8:29	
5	Tue	6:09	6.5	6:39	7.2	12:42	1.1	12:39	1.2	5:29	8:29	
6	Wed	7:16	6.4	7:38	7.3	1:44	1.0	1:39	1.3	5:29	8:29	
7	Thu	8:27	6.4	8:36	7.4	2:41	0.9	2:37	1.3	5:30	8:28	
8	Fri	9:24	6.6	9:25	7.6	3:33	0.7	3:28	1.2	5:31	8:28	
9	Sat	10:09	6.8	10:06	7.8	4:18	0.4	4:11	1.0	5:31	8:28	
10	Sun	10:46	7.1	10:45	8.1	4:58	0.2	4:50	0.8	5:32	8:27	
11	Mon	11:22	7.4	11:25	8.4	5:33	-0.1	5:28	0.5	5:33	8:27	
12	Tue	11:59	7.8			6:07	-0.4	6:10	0.2	5:34	8:26	
13	Wed	12:08	8.6	12:41	8.2	6:43	-0.6	6:54	-0.1	5:34	8:26	
14	Thu	12:53	8.8	1:25	8.5	7:23	-0.8	7:40	-0.4	5:35	8:25	
15	Fri	1:41	8.8	2:12	8.7	8:06	-0.9	8:30	-0.5	5:36	8:25	
16	Sat	2:31	8.7	3:02	8.9	8:53	-0.8	9:24	-0.4	5:37	8:24	
17	Sun	3:24	8.5	3:56	8.9	9:45	-0.6	10:26	-0.3	5:37	8:23	
18	Mon	4:22	8.1	4:56	8.7	10:43	-0.4	11:36	-0.2	5:38	8:23	
19	Tue	5:27	7.8	6:02	8.6	11:50	-0.1			5:39	8:22	
20	Wed	6:43	7.5	7:16	8.5	12:51	-0.2	1:04	0.1	5:40	8:21	
21	Thu	8:03	7.4	8:30	8.5	2:03	-0.2	2:18	0.2	5:41	8:20	
22	Fri	9:13	7.5	9:34	8.5	3:08	-0.4	3:24	0.1	5:42	8:20	
23	Sat	10:13	7.7	10:30	8.6	4:07	-0.5	4:23	0.1	5:43	8:19	
24	Sun	11:05	7.8	11:20	8.5	5:00	-0.6	5:16	0.0	5:44	8:18	
25	Mon	11:53	7.9			5:49	-0.6	6:04	0.0	5:44	8:17	
26	Tue	12:05	8.4	12:37	7.9	6:33	-0.6	6:48	0.1	5:45	8:16	
27	Wed	12:46	8.3	1:15	7.9	7:14	-0.4	7:28	0.2	5:46	8:15	
28	Thu	1:21	8.1	1:48	7.8	7:49	-0.2	8:03	0.3	5:47	8:14	
29	Fri	1:51	7.8	2:15	7.7	8:19	0.0	8:35	0.5	5:48	8:13	
30	Sat	2:20	7.6	2:43	7.7	8:46	0.3	9:07	0.6	5:49	8:12	
31	Sun	2:54	7.4	3:18	7.6	9:16	0.5	9:45	0.8	5:50	8:11	