

































Glen Cove, Hempstead Harbor, NY - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:08	8.4	8:52	7.4	1:57	-0.3	2:50	-1.0	7:19	4:37	
2	Mon	9:09	8.6	9:49	7.6	3:01	-0.5	3:46	-1.3	7:19	4:38	
3	Tue	10:03	8.7	10:41	7.8	3:58	-0.6	4:38	-1.4	7:19	4:39	
4	Wed	10:53	8.6	11:29	7.9	4:51	-0.7	5:26	-1.5	7:19	4:40	
5	Thu	11:40	8.5			5:40	-0.7	6:12	-1.4	7:19	4:41	
6	Fri	12:15	7.9	12:23	8.3	6:26	-0.6	6:55	-1.2	7:19	4:42	
7	Sat	12:58	7.8	1:04	8.0	7:10	-0.4	7:35	-0.9	7:18	4:43	
8	Sun	1:38	7.6	1:43	7.6	7:53	-0.2	8:15	-0.5	7:18	4:44	
9	Mon	2:17	7.5	2:23	7.2	8:38	0.1	8:55	-0.2	7:18	4:45	
10	Tue	2:57	7.3	3:07	6.8	9:28	0.3	9:40	0.2	7:18	4:46	
11	Wed	3:42	7.1	3:58	6.5	10:25	0.5	10:31	0.5	7:18	4:47	
12	Thu	4:32	6.9	4:57	6.2	11:27	0.6	11:30	0.7	7:17	4:48	
13	Fri	5:30	6.8	6:09	6.0			12:30	0.6	7:17	4:49	
14	Sat	6:34	6.8	7:22	6.0	12:33	0.9	1:29	0.5	7:17	4:50	
15	Sun	7:35	6.9	8:20	6.1	1:34	0.9	2:23	0.3	7:16	4:51	
16	Mon	8:27	7.0	9:08	6.3	2:28	0.8	3:11	0.1	7:16	4:52	
17	Tue	9:08	7.2	9:47	6.5	3:13	0.7	3:54	-0.1	7:15	4:53	
18	Wed	9:43	7.5	10:20	6.8	3:52	0.5	4:30	-0.3	7:15	4:54	
19	Thu	10:17	7.7	10:50	7.2	4:25	0.2	5:01	-0.6	7:14	4:56	
20	Fri	10:54	8.0	11:25	7.5	4:59	0.0	5:31	-0.8	7:14	4:57	
21	Sat	11:34	8.2			5:37	-0.4	6:05	-1.0	7:13	4:58	
22	Sun	12:04	7.9	12:18	8.3	6:18	-0.6	6:43	-1.2	7:12	4:59	
23	Mon	12:47	8.2	1:04	8.3	7:03	-0.8	7:25	-1.2	7:12	5:00	
24	Tue	1:33	8.4	1:53	8.1	7:52	-0.9	8:12	-1.1	7:11	5:02	
25	Wed	2:23	8.4	2:46	7.9	8:46	-0.8	9:05	-0.8	7:10	5:03	
26	Thu	3:17	8.4	3:45	7.5	9:48	-0.6	10:05	-0.5	7:09	5:04	
27	Fri	4:18	8.2	4:52	7.2	11:01	-0.5	11:14	-0.3	7:08	5:05	
28	Sat	5:27	8.0	6:12	7.0			12:20	-0.5	7:08	5:07	
29	Sun	6:46	7.9	7:35	7.0	12:33	-0.1	1:34	-0.6	7:07	5:08	
30	Mon	8:01	8.0	8:43	7.2	1:49	-0.2	2:38	-0.8	7:06	5:09	
31	Tue	9:03	8.1	9:40	7.4	2:55	-0.3	3:35	-1.0	7:05	5:10	