

































## Glen Cove, Hempstead Harbor, NY - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:53	7.9	9:26	7.5	2:44	-0.2	3:18	-0.7	6:27	5:45	
2	Thu	9:46	8.0	10:15	7.7	3:40	-0.4	4:09	-0.8	6:26	5:46	
3	Fri	10:34	8.0	10:59	7.8	4:29	-0.5	4:55	-0.8	6:24	5:48	
4	Sat	11:16	7.9	11:38	7.8	5:14	-0.5	5:36	-0.7	6:23	5:49	
5	Sun	11:53	7.8			5:55	-0.5	6:12	-0.5	6:21	5:50	
6	Mon	12:11	7.7	12:24	7.6	6:30	-0.4	6:42	-0.3	6:20	5:51	
7	Tue	12:36	7.7	12:47	7.4	7:00	-0.2	7:05	-0.1	6:18	5:52	
8	Wed	12:58	7.6	1:13	7.3	7:25	-0.1	7:28	0.1	6:16	5:53	
9	Thu	1:27	7.6	1:47	7.1	7:54	0.1	8:00	0.3	6:15	5:54	
10	Fri	2:04	7.5	2:27	6.9	8:30	0.3	8:40	0.6	6:13	5:55	
11	Sat	2:47	7.3	3:13	6.6	9:16	0.5	9:27	0.8	6:12	5:56	
12	Sun	4:35	7.1	5:05	6.4	11:09	0.7	11:21	1.1	7:10	6:58	
13	Mon	5:29	6.9	6:03	6.2			12:12	0.9	7:08	6:59	
14	Tue	6:28	6.8	7:09	6.3	12:24	1.2	1:25	0.8	7:07	7:00	
15	Wed	7:34	6.9	8:22	6.5	1:35	1.1	2:36	0.6	7:05	7:01	
16	Thu	8:42	7.1	9:23	7.0	2:48	0.8	3:31	0.3	7:03	7:02	
17	Fri	9:41	7.5	10:11	7.5	3:45	0.4	4:16	-0.1	7:02	7:03	
18	Sat	10:29	7.9	10:54	8.1	4:33	-0.2	4:57	-0.5	7:00	7:04	
19	Sun	11:15	8.3	11:36	8.7	5:18	-0.7	5:37	-0.9	6:58	7:05	
20	Mon			12:00	8.6	6:02	-1.2	6:19	-1.2	6:57	7:06	
21	Tue	12:21	9.1	12:46	8.8	6:47	-1.5	7:02	-1.3	6:55	7:07	
22	Wed	1:06	9.3	1:34	8.8	7:34	-1.6	7:48	-1.3	6:53	7:08	
23	Thu	1:54	9.4	2:24	8.6	8:23	-1.6	8:37	-1.1	6:52	7:09	
24	Fri	2:45	9.2	3:17	8.3	9:16	-1.3	9:32	-0.7	6:50	7:10	
25	Sat	3:40	8.8	4:18	7.9	10:18	-0.9	10:37	-0.3	6:48	7:12	
26	Sun	4:44	8.3	5:30	7.5	11:30	-0.5	11:56	0.1	6:47	7:13	
27	Mon	6:00	7.9	6:52	7.3			12:47	-0.2	6:45	7:14	
28	Tue	7:22	7.6	8:06	7.3	1:15	0.2	1:57	-0.2	6:43	7:15	
29	Wed	8:34	7.6	9:10	7.5	2:26	0.1	3:00	-0.2	6:42	7:16	
30	Thu	9:35	7.7	10:05	7.7	3:27	0.0	3:55	-0.3	6:40	7:17	
31	Fri	10:28	7.7	10:53	7.8	4:21	-0.2	4:45	-0.3	6:38	7:18	