

































Glen Cove, Hempstead Harbor, NY - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:19	7.1	3:32	6.7	9:46	0.5	10:01	0.3	7:18	4:37	
2	Fri	4:08	7.0	4:28	6.4	10:45	0.6	10:53	0.6	7:19	4:38	
3	Sat	4:59	6.9	5:29	6.1	11:44	0.6	11:49	0.9	7:19	4:39	
4	Sun	5:54	6.8	6:35	5.9			12:43	0.6	7:19	4:40	
5	Mon	6:52	6.8	7:38	5.9	12:46	1.0	1:40	0.5	7:19	4:40	
6	Tue	7:47	6.9	8:33	5.9	1:42	1.1	2:33	0.4	7:18	4:41	
7	Wed	8:36	7.0	9:21	6.1	2:34	1.1	3:21	0.2	7:18	4:42	
8	Thu	9:17	7.1	10:01	6.2	3:19	1.0	4:04	0.0	7:18	4:43	
9	Fri	9:53	7.3	10:36	6.4	3:58	0.9	4:42	-0.1	7:18	4:44	
10	Sat	10:27	7.5	11:07	6.6	4:33	0.7	5:16	-0.3	7:18	4:45	
11	Sun	11:03	7.7	11:39	6.9	5:07	0.5	5:45	-0.4	7:18	4:46	
12	Mon	11:42	7.8			5:43	0.2	6:17	-0.6	7:17	4:48	
13	Tue	12:15	7.3	12:24	7.9	6:24	0.0	6:52	-0.7	7:17	4:49	
14	Wed	12:56	7.6	1:09	7.9	7:08	-0.2	7:31	-0.8	7:17	4:50	
15	Thu	1:40	7.9	1:57	7.7	7:56	-0.4	8:15	-0.7	7:16	4:51	
16	Fri	2:27	8.1	2:49	7.5	8:49	-0.4	9:05	-0.5	7:16	4:52	
17	Sat	3:19	8.1	3:45	7.2	9:49	-0.4	10:00	-0.3	7:15	4:53	
18	Sun	4:16	8.1	4:48	6.8	10:56	-0.3	11:02	0.0	7:15	4:54	
19	Mon	5:18	8.0	6:00	6.6			12:10	-0.3	7:14	4:55	
20	Tue	6:29	7.9	7:22	6.5	12:12	0.2	1:25	-0.4	7:14	4:57	
21	Wed	7:44	7.9	8:36	6.7	1:29	0.2	2:32	-0.6	7:13	4:58	
22	Thu	8:52	8.0	9:37	6.9	2:41	0.1	3:32	-0.8	7:12	4:59	
23	Fri	9:50	8.1	10:30	7.2	3:42	-0.1	4:26	-0.9	7:12	5:00	
24	Sat	10:42	8.1	11:19	7.4	4:38	-0.2	5:15	-1.0	7:11	5:01	
25	Sun	11:30	8.1			5:28	-0.3	6:00	-1.0	7:10	5:03	
26	Mon	12:04	7.5	12:13	7.9	6:14	-0.3	6:41	-0.9	7:09	5:04	
27	Tue	12:44	7.5	12:52	7.7	6:56	-0.3	7:18	-0.7	7:09	5:05	
28	Wed	1:21	7.5	1:29	7.4	7:36	-0.1	7:52	-0.4	7:08	5:06	
29	Thu	1:54	7.4	2:04	7.1	8:15	0.0	8:25	0.0	7:07	5:08	
30	Fri	2:28	7.3	2:42	6.7	8:56	0.2	9:00	0.3	7:06	5:09	
31	Sat	3:05	7.1	3:25	6.4	9:42	0.5	9:41	0.7	7:05	5:10	