































Glen Cove, Hempstead Harbor, NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:16	7.4	2:40	6.5	8:46	0.4	8:49	0.7	6:28	5:45	
2	Mon	2:57	7.2	3:25	6.2	9:32	0.6	9:35	1.1	6:26	5:46	
3	Tue	3:45	6.9	4:18	5.9	10:28	0.9	10:29	1.4	6:25	5:47	
4	Wed	4:40	6.7	5:20	5.7	11:39	1.1	11:34	1.5	6:23	5:48	
5	Thu	5:42	6.6	6:40	5.7			1:01	1.0	6:22	5:50	
6	Fri	6:55	6.6	8:00	5.9	12:54	1.5	2:06	0.8	6:20	5:51	
7	Sat	8:06	6.9	8:53	6.4	2:08	1.2	2:56	0.5	6:18	5:52	
8	Sun	10:00	7.2	10:34	7.0	4:03	0.8	4:38	0.1	7:17	6:53	
9	Mon	10:44	7.6	11:11	7.6	4:48	0.2	5:14	-0.3	7:15	6:54	
10	Tue	11:26	8.0	11:48	8.2	5:29	-0.3	5:49	-0.6	7:14	6:55	
11	Wed			12:08	8.2	6:10	-0.8	6:25	-0.9	7:12	6:56	
12	Thu	12:27	8.7	12:51	8.4	6:52	-1.2	7:04	-1.0	7:10	6:57	
13	Fri	1:09	9.0	1:35	8.4	7:35	-1.4	7:46	-1.0	7:09	6:58	
14	Sat	1:54	9.2	2:22	8.2	8:22	-1.4	8:31	-0.9	7:07	7:00	
15	Sun	2:42	9.0	3:13	7.8	9:12	-1.1	9:22	-0.5	7:05	7:01	
16	Mon	3:34	8.7	4:09	7.4	10:10	-0.7	10:20	-0.1	7:04	7:02	
17	Tue	4:33	8.2	5:17	6.9	11:20	-0.3	11:33	0.4	7:02	7:03	
18	Wed	5:45	7.7	6:42	6.7			12:41	0.0	7:00	7:04	
19	Thu	7:12	7.4	8:06	6.7	1:02	0.6	1:58	0.1	6:59	7:05	
20	Fri	8:33	7.4	9:15	7.0	2:22	0.6	3:04	0.0	6:57	7:06	
21	Sat	9:38	7.5	10:11	7.3	3:28	0.3	4:01	-0.2	6:55	7:07	
22	Sun	10:32	7.6	10:59	7.6	4:25	0.0	4:51	-0.3	6:54	7:08	
23	Mon	11:19	7.7	11:41	7.7	5:14	-0.2	5:36	-0.3	6:52	7:09	
24	Tue			12:01	7.6	5:58	-0.3	6:16	-0.2	6:50	7:10	
25	Wed	12:18	7.8	12:37	7.5	6:37	-0.3	6:50	-0.1	6:49	7:11	
26	Thu	12:48	7.8	1:07	7.4	7:11	-0.3	7:17	0.2	6:47	7:12	
27	Fri	1:11	7.8	1:31	7.2	7:40	-0.2	7:39	0.3	6:45	7:13	
28	Sat	1:33	7.7	1:56	7.1	8:04	0.0	8:02	0.5	6:44	7:15	
29	Sun	2:02	7.7	2:27	6.9	8:32	0.1	8:33	0.7	6:42	7:16	
30	Mon	2:38	7.6	3:05	6.7	9:06	0.4	9:11	0.9	6:40	7:17	
31	Tue	3:19	7.4	3:50	6.4	9:49	0.6	9:56	1.2	6:39	7:18	