

































Glen Cove, Hempstead Harbor, NY - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:56	8.2	9:41	7.1	2:45	0.3	3:45	-0.8	7:18	4:37	
2	Mon	9:51	8.6	10:33	7.5	3:43	-0.1	4:36	-1.1	7:19	4:38	
3	Tue	10:44	8.8	11:25	7.8	4:39	-0.4	5:24	-1.4	7:19	4:39	
4	Wed	11:37	8.8			5:33	-0.7	6:13	-1.6	7:19	4:40	
5	Thu	12:16	8.2	12:30	8.7	6:28	-0.9	7:00	-1.6	7:19	4:41	
6	Fri	1:07	8.4	1:23	8.5	7:22	-1.0	7:49	-1.4	7:18	4:42	
7	Sat	1:59	8.4	2:17	8.1	8:19	-0.9	8:41	-1.1	7:18	4:43	
8	Sun	2:53	8.3	3:15	7.6	9:20	-0.7	9:37	-0.7	7:18	4:44	
9	Mon	3:50	8.1	4:19	7.1	10:25	-0.5	10:38	-0.3	7:18	4:45	
10	Tue	4:51	7.9	5:27	6.7	11:31	-0.3	11:43	0.1	7:18	4:46	
11	Wed	5:55	7.6	6:37	6.4			12:36	-0.1	7:17	4:47	
12	Thu	7:01	7.4	7:44	6.3	12:48	0.4	1:38	-0.1	7:17	4:48	
13	Fri	8:02	7.3	8:43	6.3	1:51	0.6	2:36	-0.1	7:17	4:49	
14	Sat	8:57	7.3	9:35	6.4	2:48	0.6	3:28	-0.2	7:16	4:50	
15	Sun	9:45	7.3	10:21	6.4	3:39	0.6	4:16	-0.2	7:16	4:51	
16	Mon	10:27	7.3	11:02	6.5	4:25	0.6	4:59	-0.2	7:15	4:53	
17	Tue	11:03	7.3	11:37	6.6	5:06	0.6	5:37	-0.2	7:15	4:54	
18	Wed	11:32	7.2			5:42	0.5	6:08	-0.2	7:14	4:55	
19	Thu	12:04	6.7	11:57 AM	7.2	6:10	0.5	6:33	-0.1	7:14	4:56	
20	Fri	12:26	6.9	12:24	7.2	6:36	0.4	6:53	-0.1	7:13	4:57	
21	Sat	12:51	7.1	12:58	7.2	7:04	0.3	7:19	-0.1	7:13	4:58	
22	Sun	1:23	7.3	1:37	7.1	7:39	0.2	7:52	0.0	7:12	5:00	
23	Mon	2:01	7.4	2:19	6.9	8:20	0.2	8:32	0.1	7:11	5:01	
24	Tue	2:44	7.5	3:06	6.7	9:07	0.2	9:17	0.3	7:11	5:02	
25	Wed	3:31	7.5	3:58	6.4	10:00	0.3	10:08	0.5	7:10	5:03	
26	Thu	4:24	7.4	4:55	6.2	11:00	0.3	11:05	0.7	7:09	5:04	
27	Fri	5:21	7.4	6:00	6.1			12:07	0.3	7:08	5:06	
28	Sat	6:26	7.5	7:13	6.2	12:09	0.7	1:22	0.1	7:07	5:07	
29	Sun	7:36	7.7	8:28	6.6	1:20	0.5	2:33	-0.3	7:06	5:08	
30	Mon	8:44	8.0	9:30	7.1	2:33	0.2	3:31	-0.7	7:05	5:09	
31	Tue	9:44	8.4	10:24	7.7	3:38	-0.3	4:24	-1.1	7:05	5:11	