US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:43	8.3	8:27	7.3	1:31	-0.1	2:32	-0.8	7:18	4:37	
2	Thu	8:45	8.6	9:28	7.6	2:36	-0.4	3:30	-1.2	7:19	4:38	
3	Fri	9:42	8.9	10:23	8.0	3:36	-0.7	4:23	-1.5	7:19	4:39	
4	Sat	10:36	9.1	11:15	8.3	4:32	-0.9	5:14	-1.8	7:19	4:40	
5	Sun	11:28	9.1			5:27	-1.1	6:04	-1.8	7:19	4:41	
6	Mon	12:06	8.4	12:20	8.9	6:20	-1.2	6:52	-1.8	7:18	4:42	
7	Tue	12:57	8.4	1:11	8.6	7:12	-1.1	7:41	-1.5	7:18	4:43	
8	Wed	1:47	8.3	2:03	8.2	8:06	-0.9	8:31	-1.2	7:18	4:44	
9	Thu	2:40	8.1	2:57	7.7	9:04	-0.6	9:26	-0.7	7:18	4:45	
10	Fri	3:35	7.9	3:58	7.2	10:06	-0.3	10:25	-0.3	7:18	4:46	
11	Sat	4:34	7.6	5:03	6.8	11:10	-0.1	11:27	0.1	7:17	4:47	
12	Sun	5:36	7.4	6:11	6.5			12:12	0.1	7:17	4:48	
13	Mon	6:38	7.2	7:15	6.4	12:29	0.3	1:13	0.1	7:17	4:49	
14	Tue	7:37	7.2	8:14	6.4	1:28	0.5	2:09	0.0	7:16	4:50	
15	Wed	8:31	7.2	9:06	6.5	2:23	0.5	3:01	-0.1	7:16	4:51	
16	Thu	9:18	7.3	9:51	6.6	3:13	0.5	3:48	-0.2	7:15	4:53	
17	Fri	9:59	7.3	10:32	6.7	3:59	0.5	4:31	-0.3	7:15	4:54	
18	Sat	10:33	7.4	11:06	6.8	4:39	0.4	5:09	-0.3	7:14	4:55	
19	Sun	10:59	7.4	11:31	6.9	5:13	0.4	5:40	-0.3	7:14	4:56	
20	Mon	11:23	7.5	11:52	7.1	5:38	0.3	6:03	-0.4	7:13	4:57	
21	Tue	11:53	7.6			6:02	0.2	6:24	-0.4	7:13	4:58	
22	Wed	12:20	7.3	12:30	7.7	6:33	0.0	6:54	-0.5	7:12	5:00	
23	Thu	12:56	7.6	1:10	7.7	7:10	-0.1	7:30	-0.5	7:11	5:01	
24	Fri	1:37	7.7	1:55	7.6	7:53	-0.2	8:12	-0.5	7:10	5:02	
25	Sat	2:22	7.9	2:44	7.4	8:41	-0.2	8:59	-0.3	7:10	5:03	
26	Sun	3:12	7.9	3:37	7.2	9:36	-0.2	9:53	-0.2	7:09	5:05	
27	Mon	4:06	7.9	4:36	7.0	10:38	-0.1	10:52	0.0	7:08	5:06	
28	Tue	5:06	7.9	5:41	6.8	11:48	-0.2	11:59	0.0	7:07	5:07	
29	Wed	6:12	7.9	6:57	6.9			1:05	-0.3	7:06	5:08	
30	Thu	7:26	8.0	8:16	7.1	1:14	0.0	2:18	-0.7	7:05	5:09	
31	Fri	8:37	8.3	9:21	7.6	2:28	-0.3	3:20	-1.1	7:04	5:11	