US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:08	8.0	5:41	7.2	11:43	-0.4			7:18	4:37	
2	Fri	6:15	7.9	6:52	7.0	12:03	-0.3	12:49	-0.4	7:19	4:38	
3	Sat	7:19	7.8	7:56	6.9	1:07	-0.1	1:50	-0.5	7:19	4:39	
4	Sun	8:18	7.8	8:53	6.9	2:07	0.0	2:46	-0.5	7:19	4:40	
5	Mon	9:09	7.8	9:43	7.0	3:01	0.0	3:37	-0.6	7:19	4:41	
6	Tue	9:56	7.7	10:29	6.9	3:51	0.1	4:24	-0.6	7:18	4:42	
7	Wed	10:37	7.7	11:09	6.9	4:36	0.2	5:07	-0.6	7:18	4:43	
8	Thu	11:12	7.6	11:44	6.9	5:16	0.2	5:45	-0.5	7:18	4:44	
9	Fri	11:39	7.5			5:51	0.3	6:18	-0.4	7:18	4:45	
10	Sat	12:12	6.9	12:01	7.4	6:18	0.4	6:42	-0.3	7:18	4:46	
11	Sun	12:32	6.9	12:29	7.4	6:40	0.4	7:03	-0.2	7:17	4:47	
12	Mon	12:58	7.0	1:04	7.3	7:09	0.4	7:30	-0.1	7:17	4:48	
13	Tue	1:32	7.1	1:44	7.2	7:46	0.4	8:06	-0.1	7:17	4:49	
14	Wed	2:13	7.2	2:29	7.0	8:29	0.4	8:48	0.1	7:16	4:50	
15	Thu	2:58	7.3	3:18	6.8	9:18	0.4	9:35	0.2	7:16	4:51	
16	Fri	3:47	7.3	4:11	6.6	10:13	0.4	10:27	0.4	7:16	4:52	
17	Sat	4:40	7.3	5:08	6.5	11:13	0.4	11:24	0.5	7:15	4:53	
18	Sun	5:36	7.4	6:10	6.5			12:19	0.2	7:15	4:55	
19	Mon	6:38	7.6	7:18	6.6	12:25	0.4	1:28	-0.1	7:14	4:56	
20	Tue	7:41	7.9	8:25	7.0	1:30	0.2	2:33	-0.5	7:13	4:57	
21	Wed	8:43	8.3	9:25	7.4	2:34	-0.1	3:29	-0.9	7:13	4:58	
22	Thu	9:39	8.6	10:18	7.9	3:33	-0.5	4:20	-1.4	7:12	4:59	
23	Fri	10:33	8.9	11:10	8.3	4:29	-0.9	5:10	-1.7	7:11	5:01	
24	Sat	11:25	9.0			5:23	-1.2	5:58	-1.9	7:11	5:02	
25	Sun	12:00	8.6	12:17	9.0	6:16	-1.4	6:46	-1.9	7:10	5:03	
26	Mon	12:51	8.7	1:08	8.8	7:08	-1.4	7:34	-1.7	7:09	5:04	
27	Tue	1:41	8.7	2:01	8.4	8:03	-1.2	8:25	-1.4	7:08	5:05	
28	Wed	2:34	8.5	2:57	7.9	9:01	-1.0	9:21	-1.0	7:07	5:07	
29	Thu	3:31	8.2	4:00	7.4	10:06	-0.6	10:24	-0.5	7:07	5:08	
30	Fri	4:34	7.9	5:09	7.0	11:13	-0.4	11:30	-0.1	7:06	5:09	
31	Sat	5:40	7.6	6:20	6.7			12:18	-0.2	7:05	5:10	