

































## Glen Cove, Hempstead Harbor, NY - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:57	7.3	5:42	6.5	11:43	0.2			6:27	5:45	
2	Mon	6:08	7.1	6:52	6.4	12:02	0.6	12:48	0.3	6:26	5:47	
3	Tue	7:16	7.0	7:55	6.4	1:08	0.7	1:48	0.3	6:24	5:48	
4	Wed	8:16	7.0	8:50	6.6	2:08	0.7	2:43	0.2	6:23	5:49	
5	Thu	9:07	7.1	9:37	6.8	3:01	0.6	3:31	0.1	6:21	5:50	
6	Fri	9:51	7.2	10:17	7.0	3:49	0.4	4:15	0.0	6:19	5:51	
7	Sat	10:29	7.3	10:51	7.1	4:31	0.3	4:53	-0.1	6:18	5:52	
8	Sun			12:00	7.4	6:07	0.1	6:25	-0.1	7:16	6:53	
9	Mon	12:17	7.3	12:22	7.4	6:36	0.0	6:47	-0.1	7:15	6:54	
10	Tue	12:35	7.5	12:46	7.5	6:58	-0.1	7:06	-0.1	7:13	6:55	
11	Wed	1:00	7.8	1:17	7.6	7:23	-0.2	7:33	-0.2	7:11	6:57	
12	Thu	1:34	8.0	1:55	7.6	7:55	-0.3	8:07	-0.2	7:10	6:58	
13	Fri	2:13	8.1	2:36	7.6	8:34	-0.4	8:47	-0.1	7:08	6:59	
14	Sat	2:57	8.2	3:23	7.4	9:19	-0.3	9:33	0.0	7:06	7:00	
15	Sun	3:45	8.1	4:14	7.2	10:10	-0.2	10:26	0.2	7:05	7:01	
16	Mon	4:39	7.9	5:12	7.0	11:10	0.0	11:27	0.4	7:03	7:02	
17	Tue	5:39	7.8	6:18	7.0			12:18	0.1	7:01	7:03	
18	Wed	6:47	7.7	7:35	7.1	12:38	0.4	1:37	0.0	7:00	7:04	
19	Thu	8:06	7.8	8:56	7.4	2:00	0.3	2:54	-0.3	6:58	7:05	
20	Fri	9:23	8.1	10:01	8.0	3:19	-0.1	3:57	-0.7	6:57	7:06	
21	Sat	10:25	8.4	10:55	8.5	4:22	-0.6	4:51	-1.0	6:55	7:07	
22	Sun	11:19	8.6	11:43	8.8	5:16	-1.1	5:41	-1.2	6:53	7:08	
23	Mon			12:08	8.8	6:07	-1.4	6:27	-1.3	6:52	7:10	
24	Tue	12:29	9.0	12:55	8.7	6:54	-1.5	7:11	-1.3	6:50	7:11	
25	Wed	1:13	9.0	1:39	8.5	7:40	-1.4	7:54	-1.0	6:48	7:12	
26	Thu	1:56	8.9	2:23	8.2	8:24	-1.2	8:36	-0.6	6:47	7:13	
27	Fri	2:38	8.6	3:07	7.8	9:10	-0.8	9:21	-0.2	6:45	7:14	
28	Sat	3:21	8.1	3:54	7.3	9:59	-0.3	10:10	0.3	6:43	7:15	
29	Sun	4:09	7.7	4:49	6.9	10:57	0.1	11:11	0.7	6:42	7:16	
30	Mon	5:05	7.2	5:56	6.6			12:02	0.5	6:40	7:17	
31	Tue	6:16	6.9	7:09	6.4	12:23	1.0	1:07	0.7	6:38	7:18	