US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:17	7.0	1:13	7.4	7:26	0.4	7:51	-0.1	7:18	4:37	
2	Sat	1:47	7.0	1:50	7.1	8:00	0.5	8:22	0.1	7:19	4:38	
3	Sun	2:23	6.9	2:32	6.9	8:41	0.7	9:01	0.3	7:19	4:39	
4	Mon	3:05	6.9	3:20	6.6	9:31	0.8	9:47	0.5	7:19	4:40	
5	Tue	3:53	6.8	4:12	6.4	10:29	0.8	10:38	0.7	7:19	4:41	
6	Wed	4:45	6.8	5:09	6.2	11:34	0.8	11:33	0.8	7:18	4:41	
7	Thu	5:39	6.9	6:12	6.1			12:41	0.7	7:18	4:42	
8	Fri	6:37	7.0	7:19	6.2	12:31	0.9	1:42	0.4	7:18	4:43	
9	Sat	7:33	7.2	8:19	6.4	1:29	0.8	2:34	0.1	7:18	4:44	
10	Sun	8:26	7.6	9:08	6.7	2:22	0.6	3:19	-0.2	7:18	4:45	
11	Mon	9:13	7.9	9:52	7.1	3:11	0.3	4:01	-0.6	7:18	4:47	
12	Tue	9:59	8.3	10:36	7.5	3:57	0.0	4:42	-1.0	7:17	4:48	
13	Wed	10:46	8.6	11:22	7.8	4:44	-0.4	5:24	-1.3	7:17	4:49	
14	Thu	11:34	8.8			5:32	-0.7	6:08	-1.5	7:17	4:50	
15	Fri	12:09	8.2	12:23	8.8	6:21	-0.9	6:53	-1.6	7:16	4:51	
16	Sat	12:58	8.4	1:14	8.7	7:13	-1.0	7:41	-1.5	7:16	4:52	
17	Sun	1:49	8.5	2:08	8.4	8:08	-1.0	8:33	-1.3	7:15	4:53	
18	Mon	2:43	8.5	3:07	7.9	9:10	-0.8	9:32	-1.0	7:15	4:54	
19	Tue	3:44	8.3	4:12	7.5	10:20	-0.7	10:38	-0.6	7:14	4:56	
20	Wed	4:50	8.1	5:28	7.1	11:33	-0.5	11:49	-0.3	7:14	4:57	
21	Thu	6:02	7.9	6:45	6.9			12:44	-0.5	7:13	4:58	
22	Fri	7:13	7.9	7:54	6.9	1:00	-0.1	1:49	-0.6	7:12	4:59	
23	Sat	8:16	7.9	8:55	7.0	2:05	-0.1	2:48	-0.7	7:12	5:00	
24	Sun	9:12	7.9	9:48	7.1	3:03	-0.1	3:41	-0.8	7:11	5:01	
25	Mon	10:02	7.9	10:35	7.1	3:56	-0.1	4:30	-0.8	7:10	5:03	
26	Tue	10:46	7.8	11:18	7.1	4:44	-0.1	5:14	-0.7	7:09	5:04	
27	Wed	11:25	7.7	11:56	7.1	5:27	0.0	5:54	-0.6	7:08	5:05	
28	Thu	11:58	7.5			6:05	0.1	6:29	-0.5	7:08	5:06	
29	Fri	12:27	7.1	12:23	7.4	6:37	0.1	6:57	-0.3	7:07	5:08	
30	Sat	12:50	7.1	12:48	7.3	7:03	0.2	7:19	-0.2	7:06	5:09	
31	Sun	1:13	7.1	1:20	7.2	7:29	0.2	7:44	0.0	7:05	5:10	