US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**10:01**	7.6	**10:39**	6.8	**4:09**	0.6	**4:50**	-0.4	7:18	4:37	
2	Sun	**10:34**	7.8	**11:10**	7.0	**4:39**	0.4	**5:20**	-0.5	7:18	4:38	
3	Mon	**11:11**	8.0	**11:46**	7.2	**5:13**	0.2	**5:51**	-0.7	7:19	4:38	
4	Tue	**11:53**	8.2			**5:52**	0.0	**6:26**	-0.8	7:19	4:39	
5	Wed	**12:26**	7.5	**12:37**	8.2	**6:35**	-0.2	**7:06**	-0.9	7:19	4:40	
6	Thu	**1:10**	7.7	**1:25**	8.1	**7:22**	-0.3	**7:50**	-0.9	7:18	4:41	
7	Fri	**1:58**	7.9	**2:16**	8.0	**8:14**	-0.3	**8:40**	-0.8	7:18	4:42	
8	Sat	**2:51**	8.0	**3:12**	7.7	**9:12**	-0.3	**9:35**	-0.6	7:18	4:43	
9	Sun	**3:47**	8.0	**4:14**	7.3	**10:19**	-0.3	**10:37**	-0.4	7:18	4:44	
10	Mon	**4:50**	8.0	**5:23**	7.1	**11:33**	-0.3	**11:45**	-0.2	7:18	4:45	
11	Tue	**5:58**	8.0	**6:42**	7.0			**12:49**	-0.5	7:18	4:46	
12	Wed	**7:12**	8.1	**7:58**	7.0	**12:58**	-0.2	**1:58**	-0.7	7:17	4:47	
13	Thu	**8:19**	8.2	**9:02**	7.2	**2:08**	-0.2	**2:59**	-1.0	7:17	4:48	
14	Fri	**9:18**	8.4	**9:58**	7.4	**3:10**	-0.3	**3:54**	-1.1	7:17	4:50	
15	Sat	**10:11**	8.4	**10:49**	7.5	**4:06**	-0.4	**4:45**	-1.2	7:16	4:51	
16	Sun	**10:59**	8.4	**11:36**	7.5	**4:57**	-0.5	**5:32**	-1.2	7:16	4:52	
17	Mon	**11:44**	8.2			**5:44**	-0.4	**6:16**	-1.1	7:15	4:53	
18	Tue	**12:19**	7.5	**12:25**	8.0	**6:28**	-0.3	**6:57**	-0.9	7:15	4:54	
19	Wed	**12:58**	7.4	**1:02**	7.7	**7:09**	-0.2	**7:34**	-0.6	7:14	4:55	
20	Thu	**1:34**	7.3	**1:37**	7.4	**7:48**	0.0	**8:09**	-0.3	7:14	4:56	
21	Fri	**2:08**	7.2	**2:14**	7.1	**8:28**	0.2	**8:44**	0.0	7:13	4:58	
22	Sat	**2:45**	7.1	**2:56**	6.8	**9:12**	0.4	**9:23**	0.3	7:12	4:59	
23	Sun	**3:26**	7.0	**3:43**	6.4	**10:05**	0.6	**10:10**	0.6	7:12	5:00	
24	Mon	**4:13**	6.9	**4:37**	6.1	**11:06**	0.7	**11:03**	0.8	7:11	5:01	
25	Tue	**5:06**	6.8	**5:40**	5.9			**12:11**	0.7	7:10	5:02	
26	Wed	**6:04**	6.7	**6:56**	5.9	**12:04**	1.0	**1:15**	0.6	7:10	5:04	
27	Thu	**7:08**	6.8	**8:04**	6.0	**1:09**	1.1	**2:12**	0.5	7:09	5:05	
28	Fri	**8:06**	7.0	**8:56**	6.2	**2:08**	1.0	**3:02**	0.2	7:08	5:06	
29	Sat	**8:53**	7.2	**9:37**	6.5	**2:57**	0.8	**3:45**	-0.1	7:07	5:07	
30	Sun	**9:34**	7.5	**10:13**	6.8	**3:39**	0.5	**4:23**	-0.4	7:06	5:09	
31	Mon	**10:14**	7.9	**10:49**	7.2	**4:18**	0.2	**4:57**	-0.6	7:05	5:10	