US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:52	8.2	3:33	7.8	9:27	-0.4	9:50	0.4	5:27	8:30	
2	Sun	3:42	7.8	4:23	7.7	10:17	0.0	10:48	0.6	5:27	8:30	
3	Mon	4:35	7.4	5:16	7.5	11:10	0.4	11:49	0.8	5:28	8:29	
4	Tue	5:35	7.0	6:12	7.4			12:06	0.7	5:29	8:29	
5	Wed	6:38	6.7	7:09	7.3	12:49	0.8	1:02	0.9	5:29	8:29	
6	Thu	7:43	6.6	8:05	7.3	1:47	0.8	1:59	1.1	5:30	8:29	
7	Fri	8:43	6.6	8:58	7.4	2:43	0.7	2:53	1.1	5:30	8:28	
8	Sat	9:36	6.6	9:44	7.5	3:35	0.6	3:42	1.1	5:31	8:28	
9	Sun	10:22	6.7	10:24	7.6	4:22	0.4	4:26	1.1	5:32	8:27	
10	Mon	11:02	6.8	10:56	7.7	5:05	0.3	5:05	1.1	5:32	8:27	
11	Tue	11:36	6.9	11:26	7.9	5:43	0.2	5:37	1.0	5:33	8:27	
12	Wed			12:04	7.1	6:16	0.1	6:06	0.8	5:34	8:26	
13	Thu			12:34	7.3	6:43	0.0	6:40	0.6	5:35	8:25	
14	Fri	12:36	8.2	1:10	7.6	7:13	-0.2	7:18	0.4	5:35	8:25	
15	Sat	1:18	8.3	1:50	7.9	7:48	-0.3	8:01	0.3	5:36	8:24	
16	Sun	2:03	8.3	2:34	8.1	8:28	-0.4	8:49	0.1	5:37	8:24	
17	Mon	2:51	8.2	3:23	8.3	9:13	-0.3	9:42	0.1	5:38	8:23	
18	Tue	3:43	8.1	4:15	8.4	10:03	-0.2	10:41	0.1	5:39	8:22	
19	Wed	4:39	7.8	5:12	8.5	10:59	0.0	11:48	0.1	5:40	8:22	
20	Thu	5:42	7.6	6:14	8.5			12:01	0.1	5:40	8:21	
21	Fri	6:51	7.4	7:23	8.5	1:01	0.0	1:09	0.2	5:41	8:20	
22	Sat	8:10	7.4	8:35	8.6	2:15	-0.2	2:22	0.2	5:42	8:19	
23	Sun	9:23	7.5	9:41	8.7	3:22	-0.4	3:31	0.1	5:43	8:18	
24	Mon	10:24	7.7	10:39	8.9	4:21	-0.6	4:32	0.0	5:44	8:17	
25	Tue	11:19	7.9	11:32	8.9	5:15	-0.8	5:27	-0.1	5:45	8:17	
26	Wed			12:09	8.1	6:06	-0.9	6:19	-0.2	5:46	8:16	
27	Thu	12:20	8.8	12:56	8.1	6:53	-0.9	7:07	-0.2	5:47	8:15	
28	Fri	1:06	8.6	1:39	8.1	7:37	-0.7	7:52	0.0	5:48	8:14	
29	Sat	1:48	8.4	2:20	8.0	8:17	-0.5	8:35	0.1	5:49	8:13	
30	Sun	2:28	8.0	2:58	7.9	8:56	-0.1	9:18	0.4	5:50	8:12	
31	Mon	3:07	7.7	3:36	7.7	9:34	0.2	10:03	0.6	5:51	8:11	