US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:48	7.3	4:16	7.6	10:15	0.6	10:55	0.8	5:52	8:09	
2	Wed	4:34	7.0	5:02	7.4	11:01	0.9	11:53	1.0	5:52	8:08	
3	Thu	5:27	6.7	5:54	7.2	11:55	1.2			5:53	8:07	
4	Fri	6:31	6.4	6:54	7.1	12:56	1.1	12:56	1.4	5:54	8:06	
5	Sat	7:45	6.3	7:59	7.2	1:58	1.0	2:00	1.5	5:55	8:05	
6	Sun	8:52	6.4	8:59	7.3	2:56	0.9	3:00	1.4	5:56	8:04	
7	Mon	9:46	6.6	9:47	7.5	3:48	0.7	3:51	1.3	5:57	8:02	
8	Tue	10:29	6.8	10:27	7.7	4:33	0.5	4:34	1.1	5:58	8:01	
9	Wed	11:05	7.1	11:03	8.0	5:13	0.3	5:11	0.8	5:59	8:00	
10	Thu	11:37	7.4	11:39	8.2	5:47	0.1	5:45	0.5	6:00	7:59	
11	Fri			12:10	7.8	6:17	-0.2	6:22	0.2	6:01	7:57	
12	Sat	12:18	8.4	12:47	8.2	6:49	-0.4	7:02	-0.1	6:02	7:56	
13	Sun	1:01	8.6	1:28	8.5	7:25	-0.5	7:45	-0.3	6:03	7:54	
14	Mon	1:45	8.6	2:12	8.8	8:06	-0.6	8:32	-0.4	6:04	7:53	
15	Tue	2:33	8.5	3:00	8.9	8:50	-0.5	9:24	-0.4	6:05	7:52	
16	Wed	3:24	8.3	3:52	8.9	9:40	-0.3	10:22	-0.3	6:06	7:50	
17	Thu	4:21	8.0	4:50	8.7	10:37	-0.1	11:30	-0.1	6:07	7:49	
18	Fri	5:24	7.6	5:55	8.5	11:43	0.2			6:08	7:47	
19	Sat	6:39	7.4	7:11	8.3	12:46	0.0	12:59	0.4	6:09	7:46	
20	Sun	8:04	7.3	8:30	8.3	2:03	0.0	2:18	0.4	6:10	7:44	
21	Mon	9:16	7.5	9:37	8.4	3:11	-0.2	3:28	0.3	6:11	7:43	
22	Tue	10:16	7.8	10:34	8.6	4:10	-0.4	4:27	0.1	6:12	7:41	
23	Wed	11:09	8.0	11:25	8.6	5:03	-0.6	5:20	-0.1	6:13	7:40	
24	Thu	11:56	8.1			5:51	-0.6	6:09	-0.2	6:14	7:38	
25	Fri	12:11	8.5	12:39	8.2	6:36	-0.5	6:53	-0.1	6:15	7:37	
26	Sat	12:52	8.4	1:16	8.1	7:16	-0.4	7:33	0.0	6:16	7:35	
27	Sun	1:29	8.1	1:49	8.0	7:51	-0.1	8:09	0.1	6:17	7:34	
28	Mon	2:00	7.9	2:17	7.9	8:21	0.2	8:41	0.3	6:18	7:32	
29	Tue	2:30	7.6	2:46	7.8	8:49	0.5	9:15	0.5	6:19	7:31	
30	Wed	3:04	7.3	3:22	7.7	9:20	0.7	9:54	0.8	6:20	7:29	
31	Thu	3:45	7.1	4:05	7.5	10:00	1.0	10:43	1.0	6:21	7:27	