

































Glen Cove, Hempstead Harbor, NY - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:08	8.1	7:53	7.0	12:55	0.0	1:58	-0.6	7:18	4:37	
2	Tue	8:13	8.4	8:58	7.3	2:01	-0.1	3:00	-1.0	7:19	4:38	
3	Wed	9:12	8.7	9:56	7.6	3:03	-0.4	3:56	-1.3	7:19	4:39	
4	Thu	10:07	8.9	10:49	7.8	4:01	-0.6	4:49	-1.5	7:19	4:40	
5	Fri	11:00	8.9	11:41	7.9	4:56	-0.7	5:39	-1.6	7:18	4:41	
6	Sat	11:51	8.8			5:49	-0.8	6:28	-1.6	7:18	4:42	
7	Sun	12:31	8.0	12:41	8.5	6:41	-0.7	7:15	-1.4	7:18	4:43	
8	Mon	1:20	7.9	1:31	8.2	7:32	-0.6	8:02	-1.1	7:18	4:44	
9	Tue	2:09	7.8	2:21	7.7	8:26	-0.3	8:52	-0.7	7:18	4:45	
10	Wed	2:59	7.6	3:14	7.3	9:23	-0.1	9:44	-0.3	7:18	4:46	
11	Thu	3:53	7.4	4:13	6.8	10:24	0.2	10:41	0.1	7:17	4:47	
12	Fri	4:48	7.2	5:16	6.4	11:25	0.3	11:39	0.4	7:17	4:48	
13	Sat	5:47	7.0	6:22	6.2			12:26	0.4	7:17	4:49	
14	Sun	6:46	7.0	7:25	6.1	12:38	0.6	1:24	0.3	7:16	4:50	
15	Mon	7:43	7.0	8:22	6.2	1:35	0.8	2:19	0.2	7:16	4:51	
16	Tue	8:34	7.1	9:12	6.2	2:29	0.8	3:09	0.1	7:15	4:53	
17	Wed	9:18	7.1	9:56	6.4	3:17	0.7	3:55	-0.1	7:15	4:54	
18	Thu	9:56	7.3	10:34	6.5	4:00	0.7	4:36	-0.2	7:14	4:55	
19	Fri	10:27	7.4	11:05	6.6	4:37	0.6	5:12	-0.3	7:14	4:56	
20	Sat	10:55	7.5	11:30	6.8	5:07	0.5	5:41	-0.3	7:13	4:57	
21	Sun	11:26	7.6	11:58	7.1	5:34	0.4	6:06	-0.4	7:13	4:58	
22	Mon			12:03	7.7	6:06	0.2	6:33	-0.5	7:12	5:00	
23	Tue	12:33	7.3	12:43	7.8	6:43	0.0	7:07	-0.6	7:11	5:01	
24	Wed	1:12	7.6	1:27	7.8	7:25	-0.2	7:47	-0.6	7:10	5:02	
25	Thu	1:56	7.8	2:14	7.6	8:12	-0.3	8:32	-0.5	7:10	5:03	
26	Fri	2:43	7.9	3:06	7.4	9:05	-0.3	9:22	-0.4	7:09	5:05	
27	Sat	3:36	8.0	4:03	7.1	10:05	-0.2	10:19	-0.1	7:08	5:06	
28	Sun	4:33	7.9	5:06	6.8	11:12	-0.2	11:22	0.0	7:07	5:07	
29	Mon	5:36	7.9	6:19	6.7			12:27	-0.3	7:06	5:08	
30	Tue	6:48	7.9	7:41	6.8	12:33	0.1	1:44	-0.5	7:05	5:09	
31	Wed	8:03	8.1	8:52	7.1	1:50	0.0	2:50	-0.8	7:04	5:11	