US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:08**	8.1	**7:53**	7.0	**12:55**	0.0	**1:58**	-0.6	7:18	4:37	
2	Tue	**8:13**	8.4	**8:58**	7.3	**2:01**	-0.1	**3:00**	-1.0	7:19	4:38	
3	Wed	**9:12**	8.7	**9:56**	7.6	**3:03**	-0.4	**3:56**	-1.3	7:19	4:39	
4	Thu	**10:07**	8.9	**10:49**	7.8	**4:01**	-0.6	**4:49**	-1.5	7:19	4:40	
5	Fri	**11:00**	8.9	**11:41**	7.9	**4:56**	-0.7	**5:39**	-1.6	7:18	4:41	
6	Sat	**11:51**	8.8			**5:49**	-0.8	**6:28**	-1.6	7:18	4:42	
7	Sun	**12:31**	8.0	**12:41**	8.5	**6:41**	-0.7	**7:15**	-1.4	7:18	4:43	
8	Mon	**1:20**	7.9	**1:31**	8.2	**7:32**	-0.6	**8:02**	-1.1	7:18	4:44	
9	Tue	**2:09**	7.8	**2:21**	7.7	**8:26**	-0.3	**8:52**	-0.7	7:18	4:45	
10	Wed	**2:59**	7.6	**3:14**	7.3	**9:23**	-0.1	**9:44**	-0.3	7:18	4:46	
11	Thu	**3:53**	7.4	**4:13**	6.8	**10:24**	0.2	**10:41**	0.1	7:17	4:47	
12	Fri	**4:48**	7.2	**5:16**	6.4	**11:25**	0.3	**11:39**	0.4	7:17	4:48	
13	Sat	**5:47**	7.0	**6:22**	6.2			**12:26**	0.4	7:17	4:49	
14	Sun	**6:46**	7.0	**7:25**	6.1	**12:38**	0.6	**1:24**	0.3	7:16	4:50	
15	Mon	**7:43**	7.0	**8:22**	6.2	**1:35**	0.8	**2:19**	0.2	7:16	4:51	
16	Tue	**8:34**	7.1	**9:12**	6.2	**2:29**	0.8	**3:09**	0.1	7:15	4:53	
17	Wed	**9:18**	7.1	**9:56**	6.4	**3:17**	0.7	**3:55**	-0.1	7:15	4:54	
18	Thu	**9:56**	7.3	**10:34**	6.5	**4:00**	0.7	**4:36**	-0.2	7:14	4:55	
19	Fri	**10:27**	7.4	**11:05**	6.6	**4:37**	0.6	**5:12**	-0.3	7:14	4:56	
20	Sat	**10:55**	7.5	**11:30**	6.8	**5:07**	0.5	**5:41**	-0.3	7:13	4:57	
21	Sun	**11:26**	7.6	**11:58**	7.1	**5:34**	0.4	**6:06**	-0.4	7:13	4:58	
22	Mon			**12:03**	7.7	**6:06**	0.2	**6:33**	-0.5	7:12	5:00	
23	Tue	**12:33**	7.3	**12:43**	7.8	**6:43**	0.0	**7:07**	-0.6	7:11	5:01	
24	Wed	**1:12**	7.6	**1:27**	7.8	**7:25**	-0.2	**7:47**	-0.6	7:10	5:02	
25	Thu	**1:56**	7.8	**2:14**	7.6	**8:12**	-0.3	**8:32**	-0.5	7:10	5:03	
26	Fri	**2:43**	7.9	**3:06**	7.4	**9:05**	-0.3	**9:22**	-0.4	7:09	5:05	
27	Sat	**3:36**	8.0	**4:03**	7.1	**10:05**	-0.2	**10:19**	-0.1	7:08	5:06	
28	Sun	**4:33**	7.9	**5:06**	6.8	**11:12**	-0.2	**11:22**	0.0	7:07	5:07	
29	Mon	**5:36**	7.9	**6:19**	6.7			**12:27**	-0.3	7:06	5:08	
30	Tue	**6:48**	7.9	**7:41**	6.8	**12:33**	0.1	**1:44**	-0.5	7:05	5:09	
31	Wed	**8:03**	8.1	**8:52**	7.1	**1:50**	0.0	**2:50**	-0.8	7:04	5:11	