US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:01	7.8	8:46	7.2	1:50	0.2	2:39	-0.5	6:27	5:46	
2	Fri	9:06	8.0	9:43	7.5	2:58	-0.1	3:37	-0.8	6:25	5:47	
3	Sat	10:02	8.2	10:33	7.8	3:56	-0.4	4:28	-1.0	6:24	5:48	
4	Sun	10:51	8.3	11:19	8.0	4:47	-0.7	5:14	-1.0	6:22	5:49	
5	Mon	11:36	8.2	11:59	8.1	5:34	-0.8	5:57	-1.0	6:21	5:50	
6	Tue			12:16	8.0	6:17	-0.8	6:35	-0.8	6:19	5:51	
7	Wed	12:36	8.1	12:52	7.8	6:56	-0.6	7:09	-0.5	6:17	5:52	
8	Thu	1:08	7.9	1:25	7.5	7:32	-0.4	7:40	-0.2	6:16	5:54	
9	Fri	1:38	7.8	1:57	7.2	8:06	-0.2	8:10	0.2	6:14	5:55	
10	Sat	2:10	7.6	2:34	6.9	8:44	0.1	8:46	0.6	6:13	5:56	
11	Sun	3:49	7.3	4:17	6.5	10:28	0.5	10:31	0.9	7:11	6:57	
12	Mon	4:35	7.0	5:08	6.2	11:24	0.8	11:25	1.2	7:09	6:58	
13	Tue	5:28	6.8	6:10	5.9			12:35	0.9	7:08	6:59	
14	Wed	6:30	6.6	7:35	5.9	12:34	1.4	1:50	1.0	7:06	7:00	
15	Thu	7:48	6.6	8:52	6.1	1:58	1.4	2:53	0.8	7:04	7:01	
16	Fri	9:01	6.8	9:45	6.4	3:05	1.2	3:45	0.6	7:03	7:02	
17	Sat	9:52	7.0	10:26	6.8	3:57	0.9	4:29	0.3	7:01	7:03	
18	Sun	10:33	7.4	10:59	7.3	4:40	0.5	5:05	0.0	6:59	7:05	
19	Mon	11:09	7.7	11:30	7.8	5:17	0.1	5:36	-0.2	6:58	7:06	
20	Tue	11:46	8.0			5:52	-0.3	6:07	-0.5	6:56	7:07	
21	Wed	12:04	8.2	12:24	8.2	6:28	-0.7	6:41	-0.7	6:54	7:08	
22	Thu	12:42	8.7	1:06	8.3	7:07	-1.0	7:19	-0.8	6:53	7:09	
23	Fri	1:24	8.9	1:50	8.3	7:50	-1.2	8:02	-0.8	6:51	7:10	
24	Sat	2:09	9.0	2:38	8.1	8:36	-1.2	8:48	-0.7	6:49	7:11	
25	Sun	2:58	8.9	3:30	7.8	9:28	-0.9	9:41	-0.3	6:48	7:12	
26	Mon	3:52	8.6	4:29	7.5	10:28	-0.6	10:43	0.1	6:46	7:13	
27	Tue	4:54	8.2	5:39	7.1	11:41	-0.2			6:44	7:14	
28	Wed	6:08	7.8	7:06	7.0	12:00	0.4	1:04	-0.1	6:43	7:15	
29	Thu	7:36	7.6	8:28	7.2	1:29	0.4	2:19	-0.1	6:41	7:16	
30	Fri	8:54	7.7	9:33	7.5	2:46	0.2	3:23	-0.3	6:39	7:17	
31	Sat	9:57	7.9	10:27	7.8	3:49	-0.1	4:19	-0.5	6:38	7:18	