US HARBORS www.USHarbors.com

Glen Cove, Hempstead Harbor, NY - Jan 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:48	6.7	12:40	7.3	6:51	0.6	7:21	-0.1	7:18	4:37	
2	Thu	1:16	6.7	1:14	7.1	7:22	0.7	7:49	0.1	7:19	4:38	
3	Fri	1:48	6.7	1:53	7.0	7:59	0.8	8:22	0.3	7:19	4:39	
4	Sat	2:26	6.8	2:37	6.7	8:43	0.8	9:02	0.4	7:19	4:40	
5	Sun	3:10	6.8	3:26	6.5	9:33	0.9	9:48	0.6	7:19	4:41	
6	Mon	3:57	6.9	4:19	6.3	10:30	0.8	10:38	0.8	7:18	4:42	
7	Tue	4:48	6.9	5:16	6.1	11:31	0.8	11:31	0.9	7:18	4:42	
8	Wed	5:42	7.0	6:17	6.0			12:34	0.6	7:18	4:43	
9	Thu	6:38	7.2	7:21	6.1	12:27	0.9	1:36	0.3	7:18	4:44	
10	Fri	7:36	7.4	8:22	6.3	1:25	0.8	2:33	0.0	7:18	4:46	
11	Sat	8:31	7.8	9:16	6.7	2:22	0.6	3:23	-0.4	7:18	4:47	
12	Sun	9:23	8.1	10:05	7.1	3:16	0.3	4:11	-0.8	7:17	4:48	
13	Mon	10:14	8.5	10:54	7.5	4:08	-0.1	4:57	-1.1	7:17	4:49	
14	Tue	11:04	8.7	11:43	7.8	5:00	-0.5	5:43	-1.4	7:17	4:50	
15	Wed	11:55	8.8			5:52	-0.7	6:29	-1.5	7:16	4:51	
16	Thu	12:32	8.2	12:47	8.7	6:45	-0.9	7:16	-1.5	7:16	4:52	
17	Fri	1:23	8.4	1:40	8.4	7:39	-1.0	8:06	-1.4	7:15	4:53	
18	Sat	2:16	8.4	2:36	8.0	8:38	-0.9	9:00	-1.1	7:15	4:54	
19	Sun	3:12	8.3	3:37	7.6	9:42	-0.7	9:59	-0.7	7:14	4:56	
20	Mon	4:12	8.1	4:45	7.1	10:51	-0.5	11:04	-0.3	7:14	4:57	
21	Tue	5:17	7.9	5:57	6.8	11:59	-0.4			7:13	4:58	
22	Wed	6:25	7.7	7:09	6.6	12:12	0.0	1:05	-0.3	7:12	4:59	
23	Thu	7:32	7.6	8:15	6.6	1:19	0.2	2:07	-0.3	7:12	5:00	
24	Fri	8:32	7.6	9:12	6.6	2:21	0.3	3:04	-0.4	7:11	5:02	
25	Sat	9:25	7.5	10:02	6.6	3:17	0.3	3:56	-0.4	7:10	5:03	
26	Sun	10:12	7.5	10:47	6.7	4:07	0.4	4:42	-0.4	7:09	5:04	
27	Mon	10:54	7.4	11:27	6.7	4:53	0.4	5:24	-0.4	7:08	5:05	
28	Tue	11:29	7.4			5:33	0.4	6:02	-0.3	7:08	5:06	
29	Wed	12:01	6.7	11:58 AM	7.3	6:07	0.4	6:32	-0.2	7:07	5:08	
30	Thu	12:28	6.8	12:22	7.2	6:36	0.4	6:56	-0.1	7:06	5:09	
31	Fri	12:49	6.9	12:51	7.2	7:01	0.4	7:17	0.0	7:05	5:10	