

Glen Cove, Hempstead Harbor, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:12	7.4	6:48	6.4	12:00	0.6	12:59	0.3	7:18	4:37	
2	Thu	7:10	7.7	7:52	6.6	12:58	0.5	2:01	-0.1	7:18	4:38	
3	Fri	8:08	8.0	8:51	7.0	1:57	0.3	2:57	-0.6	7:18	4:39	
4	Sat	9:03	8.4	9:45	7.3	2:54	0.0	3:49	-1.0	7:18	4:39	
5	Sun	9:56	8.7	10:36	7.7	3:48	-0.3	4:39	-1.3	7:18	4:40	
6	Mon	10:48	8.9	11:28	8.0	4:42	-0.6	5:28	-1.6	7:18	4:41	
7	Tue	11:40	9.0			5:36	-0.9	6:17	-1.7	7:18	4:42	
8	Wed	12:20	8.2	12:33	8.9	6:30	-1.0	7:07	-1.7	7:18	4:43	
9	Thu	1:12	8.3	1:27	8.6	7:26	-0.9	7:58	-1.5	7:18	4:44	
10	Fri	2:06	8.3	2:24	8.2	8:25	-0.8	8:53	-1.1	7:18	4:45	
11	Sat	3:03	8.2	3:25	7.7	9:29	-0.6	9:52	-0.8	7:17	4:46	
12	Sun	4:04	8.0	4:32	7.2	10:37	-0.4	10:56	-0.4	7:17	4:47	
13	Mon	5:08	7.8	5:42	6.9	11:44	-0.3			7:17	4:49	
14	Tue	6:12	7.6	6:51	6.7	12:00	-0.1	12:48	-0.2	7:17	4:50	
15	Wed	7:15	7.5	7:54	6.6	1:03	0.2	1:48	-0.2	7:16	4:51	
16	Thu	8:13	7.5	8:51	6.6	2:03	0.3	2:44	-0.3	7:16	4:52	
17	Fri	9:05	7.5	9:41	6.6	2:57	0.4	3:35	-0.3	7:15	4:53	
18	Sat	9:51	7.4	10:26	6.6	3:46	0.4	4:21	-0.4	7:15	4:54	
19	Sun	10:32	7.4	11:06	6.6	4:31	0.4	5:04	-0.3	7:14	4:55	
20	Mon	11:06	7.4	11:40	6.6	5:11	0.5	5:41	-0.3	7:14	4:57	
21	Tue	11:33	7.3			5:45	0.5	6:13	-0.2	7:13	4:58	
22	Wed	12:07	6.7	11:57 AM	7.3	6:11	0.5	6:37	-0.2	7:12	4:59	
23	Thu	12:28	6.8	12:26	7.3	6:36	0.4	6:58	-0.2	7:12	5:00	
24	Fri	12:55	7.0	1:02	7.3	7:06	0.4	7:26	-0.1	7:11	5:01	
25	Sat	1:29	7.2	1:42	7.2	7:43	0.3	8:01	-0.1	7:10	5:03	
26	Sun	2:09	7.3	2:26	7.0	8:26	0.3	8:42	0.1	7:09	5:04	
27	Mon	2:53	7.4	3:15	6.8	9:14	0.3	9:29	0.2	7:09	5:05	
28	Tue	3:42	7.4	4:08	6.6	10:09	0.3	10:21	0.4	7:08	5:06	
29	Wed	4:35	7.4	5:06	6.4	11:09	0.3	11:18	0.5	7:07	5:07	
30	Thu	5:33	7.5	6:10	6.4			12:16	0.1	7:06	5:09	
31	Fri	6:36	7.6	7:21	6.5	12:21	0.5	1:29	-0.1	7:05	5:10	