

Glen Cove, Hempstead Harbor, NY - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:52	6.9	6:31	5.9			12:53	0.7	7:18	4:37	
2	Fri	6:48	7.1	7:36	6.0	12:39	1.1	1:52	0.4	7:18	4:38	
3	Sat	7:44	7.3	8:33	6.2	1:35	1.0	2:44	0.1	7:18	4:39	
4	Sun	8:37	7.6	9:23	6.5	2:29	0.8	3:31	-0.2	7:18	4:40	
5	Mon	9:27	8.0	10:09	6.9	3:20	0.5	4:16	-0.6	7:18	4:41	
6	Tue	10:15	8.3	10:55	7.3	4:10	0.1	4:59	-0.9	7:18	4:42	
7	Wed	11:04	8.5	11:42	7.7	5:00	-0.2	5:43	-1.2	7:18	4:43	
8	Thu	11:54	8.6			5:50	-0.5	6:27	-1.3	7:18	4:44	
9	Fri	12:31	8.0	12:44	8.5	6:42	-0.7	7:13	-1.4	7:18	4:45	
10	Sat	1:20	8.3	1:37	8.3	7:36	-0.8	8:01	-1.3	7:18	4:46	
11	Sun	2:12	8.4	2:32	8.0	8:33	-0.8	8:54	-1.0	7:17	4:47	
12	Mon	3:07	8.3	3:32	7.5	9:37	-0.7	9:52	-0.6	7:17	4:48	
13	Tue	4:06	8.2	4:38	7.1	10:45	-0.5	10:56	-0.3	7:17	4:49	
14	Wed	5:10	8.0	5:51	6.7	11:55	-0.4			7:16	4:50	
15	Thu	6:19	7.8	7:05	6.6	12:05	0.1	1:03	-0.3	7:16	4:51	
16	Fri	7:28	7.7	8:13	6.5	1:14	0.3	2:06	-0.4	7:15	4:52	
17	Sat	8:30	7.6	9:12	6.6	2:19	0.3	3:04	-0.4	7:15	4:53	
18	Sun	9:25	7.6	10:03	6.6	3:16	0.4	3:57	-0.5	7:14	4:55	
19	Mon	10:13	7.6	10:50	6.7	4:08	0.3	4:44	-0.5	7:14	4:56	
20	Tue	10:56	7.5	11:31	6.7	4:55	0.4	5:27	-0.4	7:13	4:57	
21	Wed	11:34	7.4			5:36	0.4	6:05	-0.4	7:13	4:58	
22	Thu	12:06	6.8	12:05	7.3	6:13	0.4	6:37	-0.2	7:12	4:59	
23	Fri	12:35	6.8	12:31	7.2	6:43	0.4	7:03	-0.1	7:11	5:01	
24	Sat	12:58	6.9	12:59	7.1	7:11	0.4	7:25	0.0	7:10	5:02	
25	Sun	1:24	7.0	1:33	7.0	7:41	0.4	7:53	0.1	7:10	5:03	
26	Mon	1:57	7.1	2:12	6.8	8:17	0.4	8:27	0.3	7:09	5:04	
27	Tue	2:36	7.2	2:56	6.5	9:00	0.5	9:08	0.5	7:08	5:05	
28	Wed	3:20	7.1	3:45	6.3	9:49	0.6	9:55	0.8	7:07	5:07	
29	Thu	4:09	7.1	4:38	6.0	10:45	0.7	10:48	0.9	7:06	5:08	
30	Fri	5:02	7.0	5:37	5.8	11:47	0.7	11:46	1.1	7:05	5:09	
31	Sat	6:01	7.0	6:44	5.8			12:58	0.5	7:04	5:10	