

Green Island, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:42	3.0	4:05	3.0	9:51	0.6	10:18	0.5	6:24	4:50	
2	Tue	4:40	3.1	5:00	3.0	10:45	0.6	11:05	0.4	6:25	4:49	
3	Wed	5:28	3.2	5:46	3.0	11:33	0.5	11:48	0.4	6:26	4:48	
4	Thu	6:10	3.3	6:27	3.0			12:19	0.4	6:28	4:47	
5	Fri	6:49	3.5	7:07	3.0	12:31	0.3	1:05	0.3	6:29	4:46	
6	Sat	7:28	3.5	7:48	3.0	1:14	0.3	1:51	0.3	6:30	4:44	
7	Sun	8:08	3.6	8:28	3.0	1:57	0.3	2:34	0.2	6:31	4:43	
8	Mon	8:47	3.6	9:08	3.0	2:38	0.2	3:15	0.2	6:32	4:42	
9	Tue	9:27	3.5	9:49	2.9	3:17	0.3	3:55	0.2	6:34	4:41	
10	Wed	10:08	3.5	10:33	2.8	3:55	0.3	4:35	0.3	6:35	4:40	
11	Thu	10:52	3.4	11:20	2.8	4:34	0.4	5:19	0.4	6:36	4:39	
12	Fri	11:39	3.3			5:18	0.5	6:09	0.4	6:37	4:38	
13	Sat	12:11	2.7	12:29	3.2	6:12	0.6	7:02	0.4	6:38	4:38	
14	Sun	1:02	2.8	1:20	3.2	7:12	0.6	7:55	0.4	6:39	4:37	
15	Mon	1:55	2.9	2:14	3.1	8:13	0.6	8:49	0.3	6:41	4:36	
16	Tue	2:53	3.0	3:15	3.1	9:15	0.4	9:43	0.2	6:42	4:35	
17	Wed	3:55	3.2	4:19	3.1	10:14	0.3	10:35	0.0	6:43	4:34	
18	Thu	4:54	3.5	5:17	3.2	11:10	0.1	11:25	-0.1	6:44	4:34	
19	Fri	5:47	3.8	6:10	3.3			12:05	-0.1	6:45	4:33	
20	Sat	6:37	4.0	7:01	3.3	12:16	-0.3	1:00	-0.3	6:46	4:32	
21	Sun	7:28	4.1	7:53	3.3	1:09	-0.3	1:55	-0.4	6:47	4:32	
22	Mon	8:19	4.2	8:44	3.3	2:02	-0.4	2:48	-0.4	6:49	4:31	
23	Tue	9:10	4.1	9:36	3.2	2:53	-0.4	3:37	-0.4	6:50	4:30	
24	Wed	10:01	4.0	10:30	3.1	3:43	-0.3	4:26	-0.3	6:51	4:30	
25	Thu	10:54	3.8	11:25	3.0	4:33	-0.2	5:17	-0.1	6:52	4:29	
26	Fri	11:48	3.5			5:26	0.1	6:10	0.0	6:53	4:29	
27	Sat	12:22	2.9	12:42	3.3	6:24	0.3	7:05	0.1	6:54	4:29	
28	Sun	1:15	2.9	1:33	3.1	7:24	0.4	7:58	0.2	6:55	4:28	
29	Mon	2:08	2.8	2:26	2.9	8:22	0.5	8:50	0.3	6:56	4:28	
30	Tue	3:04	2.8	3:22	2.7	9:19	0.5	9:41	0.3	6:57	4:27	