

Hell Gate, Wards Island, NY - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:20	6.4	11:40	6.2	6:09	-0.5	6:28	-0.7	6:28	5:47	
2	Tue	11:58	6.2			6:48	-0.5	7:03	-0.6	6:27	5:48	
3	Wed	12:16	6.2	12:36	5.9	7:26	-0.3	7:36	-0.4	6:25	5:49	
4	Thu	12:51	6.0	1:14	5.6	8:01	0.0	8:06	0.0	6:24	5:50	
5	Fri	1:24	5.8	1:54	5.3	8:36	0.3	8:33	0.3	6:22	5:51	
6	Sat	1:57	5.7	2:35	5.0	9:11	0.7	9:01	0.7	6:21	5:52	
7	Sun	2:32	5.5	3:18	4.8	9:53	1.1	9:37	1.0	6:19	5:53	
8	Mon	3:14	5.4	4:05	4.7	10:56	1.3	10:31	1.3	6:17	5:54	
9	Tue	4:03	5.4	4:58	4.6			12:11	1.4	6:16	5:55	
10	Wed	5:01	5.5	6:01	4.8			1:17	1.1	6:14	5:57	
11	Thu	6:09	5.6	7:09	5.1	1:13	1.1	2:13	0.6	6:13	5:58	
12	Fri	7:23	6.0	8:09	5.7	2:16	0.5	3:04	0.0	6:11	5:59	
13	Sat	8:25	6.4	9:01	6.3	3:12	-0.1	3:53	-0.6	6:09	6:00	
14	Sun	9:18	6.9	9:48	6.9	4:06	-0.8	4:41	-1.1	6:08	6:01	
15	Mon	10:06	7.2	10:34	7.4	4:59	-1.4	5:29	-1.6	6:06	6:02	
16	Tue	10:54	7.3	11:22	7.7	5:51	-1.8	6:16	-1.8	6:04	6:03	
17	Wed	11:44	7.2			6:42	-2.0	7:03	-1.9	6:03	6:04	
18	Thu	12:12	7.7	12:37	7.0	7:32	-1.9	7:50	-1.6	6:01	6:05	
19	Fri	1:05	7.6	1:34	6.6	8:22	-1.5	8:38	-1.1	5:59	6:06	
20	Sat	2:03	7.3	2:35	6.2	9:15	-1.0	9:31	-0.5	5:58	6:07	
21	Sun	3:02	6.9	3:36	5.9	10:15	-0.4	10:33	0.2	5:56	6:08	
22	Mon	4:02	6.5	4:36	5.6	11:21	0.1	11:42	0.6	5:54	6:10	
23	Tue	5:00	6.2	5:36	5.5			12:27	0.3	5:53	6:11	
24	Wed	6:02	6.0	6:39	5.4	12:49	0.8	1:29	0.4	5:51	6:12	
25	Thu	7:05	5.9	7:41	5.6	1:50	0.8	2:23	0.3	5:49	6:13	
26	Fri	8:04	5.9	8:34	5.9	2:44	0.6	3:11	0.1	5:48	6:14	
27	Sat	8:54	6.1	9:18	6.2	3:33	0.3	3:55	0.0	5:46	6:15	
28	Sun	9:37	6.2	9:57	6.4	4:19	0.1	4:37	-0.1	5:44	6:16	
29	Mon	10:17	6.3	10:34	6.6	5:03	-0.1	5:17	-0.2	5:43	6:17	
30	Tue	10:54	6.3	11:08	6.6	5:45	-0.2	5:54	-0.2	5:41	6:18	
31	Wed	11:31	6.1	11:41	6.6	6:24	-0.2	6:30	-0.1	5:40	6:19	