

Hell Gate, Wards Island, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:25	6.8	4:13	7.3	10:41	-0.1	11:20	0.7	5:52	8:11	
2	Mon	4:25	6.5	5:09	7.3	11:39	0.2			5:53	8:10	
3	Tue	5:25	6.3	6:06	7.3	12:29	0.9	12:44	0.5	5:54	8:09	
4	Wed	6:27	6.1	7:07	7.3	1:37	0.9	1:50	0.6	5:55	8:08	
5	Thu	7:35	6.0	8:12	7.3	2:40	0.7	2:51	0.5	5:56	8:06	
6	Fri	8:43	6.1	9:13	7.5	3:39	0.4	3:49	0.4	5:57	8:05	
7	Sat	9:44	6.3	10:07	7.6	4:32	0.1	4:43	0.3	5:58	8:04	
8	Sun	10:36	6.6	10:55	7.7	5:23	-0.1	5:35	0.3	5:59	8:03	
9	Mon	11:24	6.8	11:40	7.7	6:12	-0.3	6:25	0.2	6:00	8:01	
10	Tue			12:09	6.9	6:58	-0.4	7:12	0.3	6:01	8:00	
11	Wed	12:23	7.5	12:53	6.8	7:40	-0.3	7:56	0.4	6:02	7:59	
12	Thu	1:06	7.2	1:36	6.8	8:20	-0.1	8:38	0.7	6:03	7:58	
13	Fri	1:50	6.9	2:20	6.6	8:57	0.2	9:19	1.0	6:04	7:56	
14	Sat	2:35	6.5	3:05	6.5	9:32	0.6	10:00	1.5	6:05	7:55	
15	Sun	3:21	6.1	3:50	6.3	10:06	1.0	10:46	1.9	6:06	7:53	
16	Mon	4:08	5.8	4:33	6.2	10:43	1.5	11:40	2.2	6:07	7:52	
17	Tue	4:55	5.5	5:15	6.1	11:26	1.8			6:08	7:51	
18	Wed	5:42	5.3	5:59	6.1	12:43	2.3	12:25	2.0	6:09	7:49	
19	Thu	6:33	5.2	6:47	6.2	1:44	2.3	1:29	2.1	6:10	7:48	
20	Fri	7:31	5.2	7:45	6.3	2:40	2.0	2:28	1.9	6:11	7:46	
21	Sat	8:32	5.5	8:43	6.6	3:31	1.6	3:22	1.6	6:12	7:45	
22	Sun	9:25	5.8	9:33	7.0	4:18	1.1	4:13	1.2	6:13	7:43	
23	Mon	10:10	6.3	10:18	7.4	5:03	0.6	5:03	0.7	6:14	7:42	
24	Tue	10:52	6.8	11:00	7.7	5:48	0.1	5:52	0.2	6:15	7:40	
25	Wed	11:34	7.2	11:43	7.8	6:33	-0.3	6:43	-0.1	6:16	7:39	
26	Thu			12:18	7.5	7:17	-0.6	7:32	-0.4	6:17	7:37	
27	Fri	12:29	7.8	1:05	7.7	8:01	-0.8	8:21	-0.4	6:17	7:36	
28	Sat	1:18	7.6	1:56	7.8	8:44	-0.7	9:10	-0.3	6:18	7:34	
29	Sun	2:13	7.3	2:53	7.8	9:30	-0.5	10:04	0.1	6:19	7:32	
30	Mon	3:13	6.9	3:53	7.6	10:20	0.0	11:04	0.5	6:20	7:31	
31	Tue	4:16	6.6	4:52	7.5	11:20	0.4			6:21	7:29	