

Hell Gate, Wards Island, NY - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:46	6.2	7:05	6.2	1:29	0.7	1:57	1.2	6:26	4:52	
2	Tue	7:40	6.4	7:59	6.2	2:18	0.6	2:47	1.0	6:27	4:50	
3	Wed	8:28	6.6	8:47	6.3	3:02	0.5	3:34	0.8	6:28	4:49	
4	Thu	9:10	6.9	9:29	6.3	3:43	0.5	4:18	0.6	6:30	4:48	
5	Fri	9:48	7.0	10:08	6.3	4:23	0.4	5:01	0.4	6:31	4:47	
6	Sat	10:23	7.1	10:46	6.2	5:02	0.4	5:43	0.3	6:32	4:46	
7	Sun	10:56	7.1	11:24	6.1	5:40	0.5	6:23	0.3	6:33	4:45	
8	Mon	11:27	7.0			6:18	0.6	7:02	0.4	6:34	4:44	
9	Tue	12:02	5.9	11:56 AM	6.8	6:53	0.8	7:39	0.5	6:36	4:43	
10	Wed	12:41	5.6	12:25	6.6	7:27	1.0	8:16	0.7	6:37	4:42	
11	Thu	1:23	5.4	1:00	6.4	7:59	1.2	8:53	0.9	6:38	4:41	
12	Fri	2:10	5.3	1:44	6.3	8:34	1.4	9:36	1.1	6:39	4:40	
13	Sat	3:01	5.3	2:39	6.2	9:18	1.6	10:30	1.2	6:40	4:39	
14	Sun	3:51	5.4	3:39	6.1	10:22	1.7	11:34	1.1	6:41	4:38	
15	Mon	4:42	5.7	4:38	6.1	11:46	1.6			6:43	4:37	
16	Tue	5:36	6.1	5:42	6.2	12:35	0.8	12:58	1.2	6:44	4:36	
17	Wed	6:36	6.5	6:50	6.3	1:31	0.4	2:01	0.6	6:45	4:36	
18	Thu	7:36	7.1	7:56	6.5	2:24	-0.1	2:58	-0.1	6:46	4:35	
19	Fri	8:32	7.7	8:54	6.8	3:15	-0.6	3:53	-0.7	6:47	4:34	
20	Sat	9:23	8.1	9:47	6.9	4:06	-1.0	4:47	-1.1	6:48	4:33	
21	Sun	10:13	8.4	10:39	7.0	4:58	-1.2	5:41	-1.4	6:50	4:33	
22	Mon	11:04	8.4	11:33	6.9	5:51	-1.2	6:33	-1.5	6:51	4:32	
23	Tue	11:57	8.2			6:43	-1.1	7:24	-1.4	6:52	4:32	
24	Wed	12:30	6.7	12:52	7.8	7:34	-0.8	8:14	-1.1	6:53	4:31	
25	Thu	1:30	6.5	1:51	7.3	8:25	-0.3	9:05	-0.7	6:54	4:31	
26	Fri	2:32	6.2	2:50	6.9	9:20	0.3	10:00	-0.2	6:55	4:30	
27	Sat	3:30	6.1	3:47	6.5	10:20	0.9	10:59	0.2	6:56	4:30	
28	Sun	4:25	6.0	4:40	6.1	11:26	1.2	11:57	0.5	6:57	4:29	
29	Mon	5:18	5.9	5:33	5.8			12:29	1.3	6:58	4:29	
30	Tue	6:10	5.9	6:28	5.5	12:51	0.6	1:27	1.2	6:59	4:29	