

Hell Gate, Wards Island, NY - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:22	5.3	3:11	5.5	10:02	1.0	10:42	0.4	7:19	4:38	
2	Mon	4:09	5.5	4:08	5.4	11:17	1.0	11:47	0.3	7:20	4:39	
3	Tue	5:00	5.8	5:08	5.3			12:35	0.8	7:20	4:40	
4	Wed	6:00	6.1	6:17	5.3	12:53	0.1	1:41	0.3	7:20	4:41	
5	Thu	7:06	6.5	7:31	5.5	1:53	-0.2	2:42	-0.3	7:20	4:42	
6	Fri	8:10	7.0	8:37	5.8	2:51	-0.7	3:38	-0.9	7:20	4:43	
7	Sat	9:07	7.4	9:34	6.2	3:47	-1.1	4:33	-1.5	7:19	4:44	
8	Sun	10:00	7.8	10:28	6.5	4:42	-1.5	5:26	-1.9	7:19	4:45	
9	Mon	10:51	7.9	11:21	6.6	5:37	-1.7	6:18	-2.2	7:19	4:46	
10	Tue	11:44	7.8			6:30	-1.8	7:08	-2.3	7:19	4:47	
11	Wed	12:16	6.6	12:37	7.5	7:21	-1.6	7:55	-2.1	7:19	4:48	
12	Thu	1:12	6.5	1:32	7.1	8:12	-1.3	8:43	-1.7	7:18	4:49	
13	Fri	2:09	6.3	2:28	6.6	9:04	-0.7	9:33	-1.2	7:18	4:50	
14	Sat	3:05	6.1	3:23	6.1	10:00	-0.1	10:26	-0.6	7:18	4:51	
15	Sun	3:58	5.9	4:15	5.7	11:01	0.4	11:22	-0.1	7:17	4:52	
16	Mon	4:48	5.8	5:07	5.3			12:05	0.7	7:17	4:53	
17	Tue	5:40	5.6	6:02	5.0	12:19	0.2	1:06	0.7	7:16	4:54	
18	Wed	6:35	5.5	7:00	4.8	1:13	0.4	2:01	0.6	7:16	4:55	
19	Thu	7:31	5.6	7:58	4.8	2:03	0.5	2:52	0.4	7:15	4:57	
20	Fri	8:23	5.8	8:49	5.0	2:51	0.4	3:39	0.2	7:15	4:58	
21	Sat	9:09	6.0	9:34	5.2	3:36	0.2	4:23	-0.1	7:14	4:59	
22	Sun	9:49	6.2	10:15	5.4	4:20	0.0	5:06	-0.3	7:14	5:00	
23	Mon	10:26	6.3	10:54	5.5	5:03	-0.1	5:47	-0.5	7:13	5:01	
24	Tue	11:00	6.3	11:32	5.5	5:45	-0.2	6:26	-0.7	7:12	5:03	
25	Wed	11:32	6.3			6:25	-0.3	7:03	-0.7	7:11	5:04	
26	Thu	12:07	5.5	12:02	6.2	7:02	-0.3	7:37	-0.7	7:11	5:05	
27	Fri	12:42	5.5	12:33	6.0	7:38	-0.2	8:10	-0.6	7:10	5:06	
28	Sat	1:17	5.5	1:10	5.9	8:14	-0.1	8:42	-0.4	7:09	5:07	
29	Sun	1:57	5.6	1:55	5.7	8:53	0.1	9:17	-0.2	7:08	5:09	
30	Mon	2:43	5.7	2:47	5.5	9:41	0.3	10:02	0.0	7:07	5:10	
31	Tue	3:34	5.8	3:45	5.3	10:49	0.5	11:07	0.1	7:06	5:11	