

Hell Gate, Wards Island, NY - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:03	5.8	9:28	6.9	3:58	0.8	3:58	0.7	5:27	8:31	
2	Sun	9:54	5.8	10:13	7.0	4:46	0.6	4:43	0.8	5:28	8:30	
3	Mon	10:40	5.9	10:54	7.1	5:32	0.5	5:27	0.8	5:28	8:30	
4	Tue	11:23	6.0	11:32	7.1	6:17	0.3	6:11	0.8	5:29	8:30	
5	Wed			12:05	6.0	6:59	0.2	6:54	0.9	5:30	8:30	
6	Thu	12:09	7.0	12:47	6.0	7:40	0.2	7:35	0.9	5:30	8:30	
7	Fri	12:45	6.9	1:30	5.9	8:17	0.2	8:13	1.1	5:31	8:29	
8	Sat	1:19	6.7	2:13	5.9	8:53	0.3	8:49	1.2	5:31	8:29	
9	Sun	1:52	6.5	2:55	5.8	9:27	0.5	9:25	1.4	5:32	8:29	
10	Mon	2:27	6.3	3:36	5.9	10:01	0.7	10:02	1.6	5:33	8:28	
11	Tue	3:07	6.1	4:15	6.0	10:35	0.9	10:48	1.8	5:33	8:28	
12	Wed	3:53	6.0	4:54	6.2	11:15	1.0	11:51	1.9	5:34	8:27	
13	Thu	4:44	5.9	5:37	6.4			12:09	1.1	5:35	8:27	
14	Fri	5:38	5.8	6:27	6.7	1:04	1.7	1:12	1.0	5:36	8:26	
15	Sat	6:39	5.8	7:27	7.0	2:11	1.4	2:15	0.8	5:36	8:26	
16	Sun	7:49	5.9	8:31	7.4	3:12	0.8	3:15	0.5	5:37	8:25	
17	Mon	9:00	6.1	9:32	7.9	4:09	0.2	4:13	0.1	5:38	8:24	
18	Tue	10:02	6.5	10:27	8.2	5:04	-0.3	5:10	-0.3	5:39	8:24	
19	Wed	10:58	6.9	11:20	8.5	5:58	-0.8	6:07	-0.6	5:40	8:23	
20	Thu	11:53	7.1			6:51	-1.2	7:02	-0.7	5:41	8:22	
21	Fri	12:13	8.5	12:48	7.3	7:42	-1.5	7:56	-0.8	5:41	8:22	
22	Sat	1:08	8.3	1:46	7.3	8:31	-1.5	8:48	-0.5	5:42	8:21	
23	Sun	2:04	7.9	2:44	7.3	9:19	-1.2	9:41	-0.1	5:43	8:20	
24	Mon	3:02	7.5	3:41	7.2	10:09	-0.8	10:37	0.4	5:44	8:19	
25	Tue	3:58	7.1	4:36	7.1	11:00	-0.3	11:37	0.9	5:45	8:18	
26	Wed	4:53	6.7	5:28	6.9	11:56	0.3			5:46	8:17	
27	Thu	5:45	6.2	6:18	6.7	12:41	1.2	12:53	0.7	5:47	8:17	
28	Fri	6:39	5.9	7:11	6.6	1:43	1.3	1:48	1.0	5:48	8:16	
29	Sat	7:36	5.7	8:06	6.6	2:40	1.3	2:41	1.2	5:49	8:15	
30	Sun	8:34	5.6	9:00	6.7	3:32	1.2	3:30	1.2	5:50	8:14	
31	Mon	9:28	5.7	9:48	6.8	4:20	1.0	4:16	1.2	5:51	8:13	