

Hell Gate, Wards Island, NY - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:29	6.4	12:50	7.5	7:36	-1.4	8:14	-1.9	7:19	4:38	
2	Tue	1:28	6.4	1:49	7.2	8:28	-1.1	9:05	-1.6	7:20	4:39	
3	Wed	2:29	6.3	2:49	6.8	9:24	-0.7	9:59	-1.2	7:20	4:40	
4	Thu	3:28	6.3	3:47	6.4	10:28	-0.2	10:58	-0.8	7:20	4:41	
5	Fri	4:25	6.2	4:43	6.0	11:35	0.1	11:59	-0.5	7:20	4:41	
6	Sat	5:21	6.1	5:40	5.6			12:41	0.3	7:20	4:42	
7	Sun	6:18	6.0	6:41	5.4	12:57	-0.3	1:42	0.2	7:19	4:43	
8	Mon	7:17	6.1	7:42	5.3	1:52	-0.2	2:37	0.0	7:19	4:44	
9	Tue	8:12	6.2	8:37	5.3	2:43	-0.2	3:28	-0.2	7:19	4:45	
10	Wed	9:01	6.3	9:25	5.4	3:30	-0.2	4:16	-0.3	7:19	4:46	
11	Thu	9:44	6.4	10:08	5.5	4:15	-0.2	5:01	-0.5	7:19	4:47	
12	Fri	10:23	6.5	10:50	5.6	5:00	-0.2	5:45	-0.6	7:18	4:48	
13	Sat	11:01	6.5	11:31	5.6	5:42	-0.2	6:25	-0.7	7:18	4:50	
14	Sun	11:38	6.3			6:23	-0.2	7:03	-0.6	7:18	4:51	
15	Mon	12:12	5.5	12:13	6.1	7:01	-0.1	7:39	-0.5	7:17	4:52	
16	Tue	12:53	5.4	12:47	5.9	7:37	0.1	8:13	-0.3	7:17	4:53	
17	Wed	1:33	5.3	1:21	5.7	8:11	0.3	8:45	-0.1	7:17	4:54	
18	Thu	2:14	5.2	1:55	5.4	8:44	0.6	9:17	0.2	7:16	4:55	
19	Fri	2:53	5.1	2:35	5.2	9:22	0.9	9:51	0.4	7:16	4:56	
20	Sat	3:31	5.2	3:21	5.1	10:13	1.1	10:38	0.6	7:15	4:57	
21	Sun	4:13	5.3	4:13	4.9	11:27	1.1	11:43	0.6	7:14	4:59	
22	Mon	5:01	5.5	5:11	4.9			12:43	0.9	7:14	5:00	
23	Tue	5:59	5.8	6:20	4.9	12:52	0.4	1:48	0.5	7:13	5:01	
24	Wed	7:06	6.2	7:35	5.1	1:54	0.1	2:46	-0.1	7:12	5:02	
25	Thu	8:10	6.7	8:39	5.6	2:52	-0.4	3:41	-0.8	7:12	5:03	
26	Fri	9:07	7.2	9:35	6.0	3:48	-0.9	4:34	-1.4	7:11	5:05	
27	Sat	9:59	7.5	10:27	6.4	4:43	-1.4	5:27	-1.9	7:10	5:06	
28	Sun	10:50	7.7	11:19	6.7	5:38	-1.8	6:17	-2.3	7:09	5:07	
29	Mon	11:42	7.7			6:31	-2.0	7:06	-2.4	7:08	5:08	
30	Tue	12:13	6.8	12:36	7.5	7:22	-1.9	7:53	-2.3	7:07	5:10	
31	Wed	1:08	6.7	1:31	7.1	8:13	-1.6	8:41	-2.0	7:07	5:11	